

Ross Jeffries – Speed Seduction 08-04-02

Pattern Active

Connection.01

Did you ever instantly know, you were going to like and trust someone for a long, long time? (Point)

Like maybe even though you only knew them a short while, it seemed like you had known them your whole life, as if: there was a timeless connection between you and them? (Point h&y)

I mean, you know that feeling of incredible bonding, when all the barriers just drop, away and melt and you just feel so comfortable and at ease with them.

And it's like maybe you were even able to imagine a time in your future, say years from now, still being incredible connected to this person (point) and looking back on today as having been the start of it?

I just think it is the greatest thing when a person can go inside and instantly recognize all those qualities and values in that other person, that let's that connection take place with so. (pause)

Me it usually takes a bit longer

Ideal Attraction

You know, I saw the most interesting show on the discovery channel last night.

They were interviewing people who make their living designing attractions for amusement parks like Disneyland and Universal Studios.

Isn't that interesting what you all can do.

Well, he said when you stop and imagine your ideal attraction. He said there are three elements involved that make up the ideal attraction. (point)

First, when you EXPERIENCE the ideal attraction, you enter A HIGH STATE OF AROUSAL. You know that first long slow vertical climb on a roller coaster. And you can feel the adrenaline pounding through your body. The closer you get to the peak the faster your heartbeats. Your breathing starts to come faster and faster and as you are reaching the peak and you begin to go down you are screaming with excitement. You just FEEL THAT AMAZING RUSH ALL OVER.

(It's like as that ride is climbing up and up you can feel your heart pounding with excitement you feel your breathing comes quickly sometimes you're even gasping, panting you feel the blood rushing through every part of your body and as that excitement and tension is building and building you reach the top of the ride and then as it crests you just release it in a flood of excitement. Sometimes your screaming your so turned on)

And they said there has to be a sense of overall safety. You have to know that this attraction is so well designed you are not getting hurt. And because you feel totally safe you feel completely free to indulge and let go in all these exciting feelings.

And then they said finally, that another element to an ideal attraction is; There's got to be a sense of overall fascination. This ride has to have so many twist and turns, you just FEEL SO ENTHRALLED that you want to TAKE THIS RIDE (point down) multiple times; as soon as you GET OFF you want to climb right back on.

Can you (squeeze her hand) feel that... it's pretty close to the way it is?

When you imagine how much fun it is to ride a roller coaster or any other kind of amusement park ride..., isn't that the totally accurate description of your ideal attraction to another person.

You know that kind of wonderful click right there (right in the center of who you are) that just makes you feel totally drawn to this person and on one hand you fell totally safe and totally comfortable like you were meant to know them as if you've known them forever.

And on the other hand you feel all the exciting feelings you really want to be with them. Like you ever have been waiting for someone to pick you up for an evening. All of a sudden you hear a knock on the door and you have heart leaps. And you feel the adrenaline rushing through your body. The closer you get to the door the more excited you are. And when you open the door what you want the most is right here, right in front of you. Can you feel that would be an amazing thing to experience.

Attraction vs. Love

— Have you ever thought about the difference between attraction and being in love?

— What do you mean?

— Well actually I think they take place in different settings. I mean attraction is what you experience when you are in the presence of that person, (point) and you are looking at them, and you maybe think to yourself... (pause) thoughts, images and you know what that feels like, right?

— Sure.

— But falling in love, well I think you do that when you are not even in that persons presence. I mean, can you remember a time when you just totally fell for someone?

-Yeah.

-And as you sit there looking at me, thinking about what I'm saying, you can remember what it felt like, right?

-Sure.

-Yeah, but here's how it happenend. You spent some time with that person (point) and then you went home, and you picture that person in your mind (draw a frame around your face)

-Yes

-And then maybe you start to list all the qualities about him you really like: He is so smart, he is so funny, he is so fun to be with, whatever they were, whatever the things are you really want and enjoy that in someone (point), right?

— Yeah

— And then you get that feeling, right in the pit of your stomach, right in your solar plexus, that just starts to spread out and let you know you really, really love this person? (point) I mean, can you feel that as I describe it to you?

— Oh yeah.

— And then, here's the kicker... you start saying his name out loud. You start bringing it up in coversations with your friends, and maybe even you dance around the house, singing it if you are a real goof? Right?

— Totally.

— See. I think everything including falling in love is a process. And when you do that process with someone, (point to yourself) and really let it happen, that's when the magic takes over, the magic we're really all looking for. Of course sometimes that can take months, but the real magic is when it happens instantly and you know it right away. That's an incredible feeling, isn't it?

Blammo

— See everything has a structure to it. For example, think about someone you really like for a second? Ok? Got that? Now, point to where you seem to see that picture.

(Let her point)

— Right there? Ok. Now think of someone you don't like at all. Ok? Point to where you see that.

— Now watch... take that picture of the person you don't like... and try as hard as you can to move it over into the place where you see the picture of the person you don't like.

— See that? It doesn't want to go does it? Because you need a way to sort out who you really like (point to yourself... why miss an opportunity) from whom you don't. Isn't that neat?

— Yeah! Cool! Wow!(Or any othr similar stupid female expostulation!)

— Now see, there's another difference in the way you make pictures in your head. For example, you ever been on a roller coaster?

— Yeah!

— Ok, watch. I want you to remember a time you were on a rollercoaster, and I want you to see yourself sitting in the roller coaster car, riding up and down on the roller coaster. Just do that for a few seconds.

-- Ok... now we're gonna do it again, but this time, instead of seeing yourself, see what you'd actually see through your own eyes if you were there, going on that roller coaster ride.

— Now, of those two, which one felt more real, actually gave you the feeling of being there?

— The second one!!

— Of course... because you can see yourself in a memory, or see what you actually saw. When you see what you actually saw it really helps you to get the feelings of how it actually felt!

— Wow! this is fascinating!!!

— Isn't it? Now look... here's the next piece of this and it's called anchoring. So, here, try this... close your eyes... you remember a time when you were feeling exquisite pleasure in your body???

— MMhhh... yes.

— Ok, I want you to see what you saw, hear what you heard, and feel how it felt. And then those feelings of exquisite pleasure really reach their peak, just wiggle your little finger for me.

(Watch to see she's really in state... her face will change, breathing quicken, etc when she wiggles that finger, reach over, touch her wrist and say,:)

— Perfect. And just hang on for a minute to how good it feels to feel perfect. (Keep holding her wrist)

— Ok. Open eyes. Close them again. And go through it again... see what you saw, hear what you heard, feel how it felt. And when those feelings reach their peak, wiggle that finger. (Repeat the anchor process).

— Ok, one more time (run her through it one more time)

— Ok, open your eyes. Now, the theory behind anchoring is, that if someone is in a certain state, and you combine that state with a touch or sound, when you repeat that touch they will go back into that state. So if I were to say to you, you know, I find that when I spend time with someone, and I really start to feel that sense of incredible connection, maybe then you can just feel perfect (fire off the anchor by touching her wrist). And that feels great doesn't it?

— Oh yeah!

— Isn't this interesting? Isn't the mind really cool? Now notice something else: you ever just fall head over heels in love with someone (point to yourself... never miss an opportunity)

— Oh yeah!

— Well, as you are remembering that time, point where you see that picture!

(Let her point it out)

— Ok... and you are really feeling perfect right now. aren't you? (fire off the anchor again!)

— Oh yeah!

— So watch... (point to where she falls in love). As you think about that space as I talk to you... as you allow my voice to come from that space... you might find it's like you want to create an opening for my voice... an opening that allows the deep, rich warmth of my voice to just penetrate your thoughts, and spread that warmth all through your body... sure feels great, doesn't it?

— God yes!!

Proceed with quotes

Peak Experience

Can you remember the last time you had a peak experience?

Like climbing a mountain... or watching a beautiful sunset... or listening to beautiful music or the first time you looked at someone (point) and recognized you really really love this person (point).

What was that like?

Her: Sure...

That's really interesting.

You know, I find it so neat how YOUR MINE can be going in one direction, you know in an everyday ordinary state, and then SUDDENLY for

whatever MYSTERIOUS reason, you just GO INTO A MUCH DIFFERENT STATE. . . a state where your MINE is so in touch with the MYSTERY and the WONDER and the beauty of life (point).

And sometimes it's like in YOUR MINE, you just SLOW TIME DOWN, and the whole world stops, as you just LET YOURSELF GO WITH THIS (point).

Can you FEEL THAT is an incredible thing to experience WITH ME NOW I know that for a lot of people different things can trigger that.

Fascination

"Have you ever been. totally fascinated with someone? Like. may be as you were there. Looking at him and you started to listen carefully... and it was like his voice just seemed to. wrap itself around you. And the rest of your environment just. disappeared. Your entire world. everything you saw. became. what was right in front of you. And everything that he described. you found. that you can picture it. clearly. So, you know... If he were to talk about... a romantic walk... on a moonlit beach... with your perfect partner... you could just see yourself there. with him. just enjoying what that would feel like... And with every breath you take. you can smell the ocean. or that man's scent... You can hear the waves crash. and feel the sand tickle your feet as you walk... And if you were to. stop for a moment. and see the moonlight. reflected on that person's face. you can almost feel the magic. of that first kiss... that first, soft brush of your lips against his...

So soft, you're not even sure you're kissing yet... And it's like all those emotions. and feelings. and passions. unfold, in that one, first, special kiss... just waiting to be explored and made real... "

[Then KISS her for godsakes! Don't leave the poor girl alone in dreamland like that. The first time I tried this, I was so amazed at the response that I just stopped and sat there, looking at her pretty DDB face for like five minutes...]

BJ PATTERN

I was just sitting here thinking about taking a vacation, if you could imagine your idea vacation spot what would it be like?

(Stop and let her talk) You know I think its so interesting how people connect with their hopes and their desires and their daydreams right ... I was reading this article the other day about compulsions and it got me to thinking about the difference between compulsion and anticipation.

I mean you ever come home from a hard day a work and the boss was a jerk and kept piling the papers up on you desk and its like all you can think about is dropping your clothes and getting into that steamy hot bath or shower. That's like before you even step in you can already feel that heat working its way through every muscle in your body and all your frustrations just drop away and all you can feel is the pleasure of that warmth just shooting through every part of you. And then there's that moment of sliding in where you really let that pleasure take you and it just feels great doesn't it?

Yeah well do you like chocolate? (Is there a food where when you see it, you absolutely have to put it in your mouth.)

I mean, can you stop and remember a time when you, it's like you see that piece of chocolate and your mouth is already tasting it before you even put it in you can already taste that sweetness against your tongue and you can feel the special rich texture of it against your tongue as well. You know that texture that really good chocolate has. And then there's that moment, that moment when the first molecule of chocolate touches your tongue and you know it's inside your mouth and you just want to keep it there because it's so rich and so good. And there's that extra special warmth when you swallow that sweetness down.

Or then maybe, you know like sometimes you meet someone and you're really attracted to them and you both know it and there's that moment when your eyes lock, it's that special look just before you kiss before the very first time and you're trembling with anticipation and your heart is pounding because you're thinking about how good it's going to be. It's like every physical moment of that relationship is enfolded or rolled into that first touch of the lips and there's that excitement, with that first soft contact of the lips where you don't even know if you are touching or not but then, oh man, it's like a jolt of electricity all through you.

See I think what happens is the conscious mind goes down into the unconscious and brings back up all these thoughts, images, desires and fantasies, and you may think those thoughts are above me, but really I think they're blowing me because they're coming from a much deeper part of your mine. Aren't you?it

FASCINATION 02

You what I think is interesting is how people become fascinated with other people. You ever feel a sense of incredible fascination with someone. My friend Carlene was telling me that when she starts to listen carefully, really look, and hang on every word, she starts to experience that total fascination. And it's like the rest of the environment just disappears, and the entire world becomes this face, this voice that's speaking. I think when you focus in just like that and allow that absolute attention to take hold, that's when you can begin to experience that overpowering fascination you agree.

You ever find yourself feeling absolutely fascinated and also thoroughly attracted to someone. Now with me, that happens rarely. But it's nice to feel that way. Maybe to the point where you feel so comfortable and at ease with this person that you just open yourself up completely. And as you are feeling those feelings, even though you may not have been attracted to them at first, you find yourself beginning to notice things that are very special. Gosh, when you do that . . . with me, time just slows down and you allow yourself to ponder the thoughts and savor the warm glowing feelings. And the more you think about it, the more you look forward to spending time with them again because you can easily picture a time in the future, perhaps even months from now, feeling so glad you had met this person after experiencing all the incredible fun times shared and looking back on today as having been the start of it.

You ever been listening to something someone is saying and you just suddenly find yourself becoming totally absorbed in what this person is saying. You just begin to feel completely fascinated and it's like you become so focused on what's being said that it's like the entire world disappears and everything becomes this face, this voice that's speaking. And as you tune in completely, you might begin to notice that time just flies by as you go deep inside and allow their words to penetrate your thoughts. It's like their thoughts become your thoughts and their words become your words. And then you might feel an incredible connection, you allow this person to come inside you so deep, as you just let yourself go with this knowing that you can begin to feel safe and warm inside. It's almost as if their voice begins to take on an actual warmth that comes from a very special loving place in your mind. A place where you think of someone who you deeply love and imagine this voice coming from that place in your mind. Then this voice begins to take on an actual warmth that begins to spread on down. A warmth that begins to spread down into your chest, turning into a fire, a fire heating up and spreading down lower and deeper into a place that a woman longs to have it go to the point where your heart starts to beat faster and your breathing increases to the point where you find yourself totally letting go and surrendering to the pleasure completely.

Connection.02

When you really feel a connection with someone, you know that mysterious, timeless link that just makes you feel like you've known someone forever...

Like you were meant to know them and it's almost like you're looking right at your future...

Like your future is right in front of you... when you feel that it all starts out as an actual physical click a tug that takes place right (raise your hand over your head, point your index finger, and the slowly bring it down straight down the middle of her face, without touching her until you get to her solar plexus, just below her breasts) here.

Can you feel that (squeeze her hand with your free hand) this is maybe how that can happen...

Connection.03

"Ya know what it's like when you meet someone(sp) who takes you beyond that feeling of friendship into something more?...What's that like for you?...What happens on the inside?" etc then let her tell you what to do.

CAREER

Note: Good for an accelerator

You: So Bertha, have you always wanted to be a career counselor.

Her: Oh no, I really would like to get into having my own floral design business (or whatever, it really doesn't matter what she says)

You: Isn't it great when you can GET REALLY TURNED ON to a new career goal? Maybe an idea that you've OPENED YOURSELF TO. It's really exciting to HAVE A GOOD HARD idea... MOVING IN AND OUT OF... YOUR MINE? Something that can really get you to pull all your resources and AROUSE ALL THOSE DESIRES in YOUR MINE? And as you FEEL THOSE EMOTIONS OF EXCITEMENT BUILDING deep within you, you FEEL COMPELLED to just GO FOR IT!

Comfort

Isn't it interesting how different situations affect us?

Like for example...sometimes when your with certain people you don't really feel at ease with them. (point away) but with other people (self point) you just can FEEL TOTALLY RELAXED and COMFORTABLE. Like when I...Blah, Blah,Blah, (I give a few examples of how I was extremely comfortable with people, when I was in a hot tub, or with my best friends, familyetc,)

Imagination

I can tell that you are very intelligent.. You know your mine and I think intelligence is vitally important in a women.

And for me, creativity especially imagination is an important element of intelligence. I mean, intelligent people can usually imagination situations so vividly that they seem completely real to them.

For example, if you were to close your eyes for a second and picture yourself on a warm tropical beach. Can you hear the sound of the waves and the tropical wind over the sand. Can you hear a sea gull fly overhead. And as those sounds reach your ear can you also see the beautiful blue sky and the rolling sea way out deep in the ocean. Can you see the brightness of the area as the sun burns brightly down on your body feeling its rays against your skin and feeling the sand impression you are making in the ground beneath you.

And as you hear, see and feel all this you get a wonderful sense of warm, comfort and safety right in the pit of your stomach that lets you even relax more and let all your cares drift away listening to the waves crash and hearing your lungs breath in the warm fresh tropical air, you see the tops of the waves being blown over by the sea breeze as you feel your skin getting warmer and warmer and the overall sense of comfort and security oozing though every part of your being.

As with each breath you take the rise and fall of your chest allows a glowing color of warmth and serenity to surround you with protection. And the sound of my voice wraps itself around you like warm gentle loving arms, massaging you outside and inside and as you feel these wonderful feelings increasing, you can begin to feel a deep longing beginning to rise inside you from a place you want so much to release pent up feelings from a place that my voice moves resonates inside you wanting to be touched and caressed as you beginning to imagine and begin to feel the wonderful pleasure of all this your breath begins to deepen and your heart begins to pound .. to pound with the deep rich warmth of my voice the rich deep warmth that begins to spread though your chest and thought your belly and deep within your thighs. As the warmth and wetness and the deep rich pounding of your most burning female place the burning female place the pounding burning place that longs to be filled, aches to be filled with my throbbing rock-hard manness and as you feel these things deeper and deeper and more intensely the feeling of my hand as it touches your _ lets you know that you will open yourself up completely and allow this person to come

deep inside you releasing all the feelings that have been building and building and building inside you just want to release those feelings in a flood and give of yourself to this person at the time I choose.

The Traits of Highly Successful People Pattern

By Sonny Havens

"First, each person can visualize the feeling of achievement with crystal clear detail. I mean, perhaps you can just STOP and picture yourself RIGHT NOW achieving your goal."

[***Note: Next interject three sensory experiences that are applicable to the girl - this works as a slight trance primer. For example, if she wanted to be a congresswoman then you might say: "Perhaps you can HEAR the roar of the crowd as they praise you with adulation, SEEING the smiles on their faces as they embrace their new congresswoman. And then you FEEL that feeling of accomplishment that feeling of success."]

"This is what the article stated as the first step. It went on to say that they can see what they want right in front of them (SP) and as they see it, they can begin to feel how wonderful it would be to have what they want, that which they are looking at (SP)."

"Second, they focus on what is in front of them and they pursue it until it is theirs. They try to get this (SP) with driving ambition and desire. The desire to experience this goal (DP) which they most want. This is what differentiates normal people (point away) who are content with what life just gives them, and those highly successful people (point to her) who seize moments like these (point to you and her) and JUST GO FOR IT!"

"Third, they don't question themselves. They don't have regrets and they just trust that what they want (SP) is truly the best thing for them and they disassociate any negative thoughts, any restrictions, any inhibitions, any social pressures and constraints and THEY JUST GO FOR IT!"

"So, I don't know if you're the kind of person who can just see what she wants and pursue it with driving ambition and determination, but if you were?. Wouldn't it be truly fulfilling to achieve this pleasure of SEXCESS --- WITH ME. I would go for this any day! Wouldn't you?"

Friends into Lovers.01

Have you ever hung out with someone who you weren't really attracted to but then, for whatever mysterious reason, you just suddenly found that you started to think things differently and see them in a whole new way? (point)

I mean, I think sometimes people really don't know what they want, at least consciously... but then it's like your conscious mind dives down (gesture with both hands to indicate diving down) into your unconscious, and just (gesture with both to indicate coming back up) brings back all those desires and images and feelings into your mind.

I mean like my neighbor looks at me one day, and right out of the blue she takes me by the hands (take her hands) and says, "can you imagine if we were making out, and I was kissing you exactly the way you like to be kissed, touching you exactly the way you liked to be touched, and you were starting to feel incredibly turned on, so turned on you had to have me?"

Can you believe she said that? Now, see, if I had wanted to play back with her? I would say something like, "Oh yeah? Well that feeling you get just before you have an orgasm. When the pleasure is just building and pulsing and throbbing all through your body? If you could imagine that feeling, could you feel that right now? (squeeze her hands as you say this... you've now set up an incredibly powerful stacked up anchor!)

Friends into Lovers.02

If you were to wake up one morning, and suddenly realize that you were deeply and profoundly in love with someone, how do you think your body would feel different, when you were near them?

How do you think you'd enjoy the warmth of their voice as they talk to you, the softness of their touch against your cheek, the look in their eyes as you looked at them, as that longing in you builds, the longing to be touched, exactly the way you like to be touched, kissed exactly the way you like to be kissed, until that passion build so strong inside you, and you were getting so turned on, that you were begging to be filled with him, in that way a woman can long to be filled?

Friends into Lovers.03

— Do you think I am a character? You know, I think I'm a character too, but I don't think I'm a mean character, I think I'm a character with heart. A lot of people who are characters or who think of themselves as characters just do it as an excuse to be rude or mean.

— But I'll tell you something, even though I've been through a lot of humiliation in my life, it's never made me mean. And I think humiliation can make people mean. I mean, don't get me wrong. I can be mean if I have to protect myself, but even when I was a small child, I always had that part in me that would think, what can I do to make this person treat me better, and if I can't do that, what can I do in myself so it doesn't hurt so bad.

And the thing is, I think that's something a person can really love that about me, but sometimes it takes a long time for a woman to see that in me, and really connect to it cause I know; I don't have a lot of the things that other guys do. I don't have a great body and I'm not really handsome, but when they do see it, and really connect to it, then all these other things I don't have just fade into significance, as they just connect into this. I just wish it didn't take so long, that a special girl could see it right away.

Friends into Lovers.04

Can I make a confession? There was a time when I thought I was in love with you. I mean, I realize now, looking back on it, that I wasn't. It was just at that time I could imagine us having so much fun, in so many different situations, and just growing closer in our mutual respect and supporting and helping each other down through the years. I guess I was stupid to ever think that things could be like that.

Boyfriend Destroyer.01

You have a boyfriend? Well, I have to admit I'm disappointed, I have to respect that you are in a relationship. But let me ask you a question. How surprised would you be to find yourself actually looking forward to spending a little time with me? I mean maybe to the point where you could imagine us over coffee, laughing and having the best time, and you starting to feel really comfortable with it? As you think about it like that, doesn't it seem natural to meet like Monday or Tuesday for coffee?

Boyfriend Destroyer.03

-But I'll tell you what really fascinates me. It's like, what's this guy's name you're going out with?

-Bill

-Right, so you are going out with this guy, Bill (point to your right palm) OK. And you think he's real cool, and you're enjoying it and all that... and then let's say for whatever reason you break up. You ever break up with someone (point to palm) and you go over that period of mulling it over, and maybe you notice the patterns in him that ruined your last relationship...or maybe you start to look at him in a way that really makes him a lot less attractive in your mind? However you would just do that! I mean it's so weird how the mind does all this stuff, but what I'm curious about is, what would it be like for a person if that entire process were to take place instantaneously (snap your fingers in her face) in someone's mind? it'd be like (wave your hand in her face) you couldn't see his picture any more in your mind. Every time you tried it'd be like something was just wiping it right out. And that's how you'd know that you'd already started to forget all about him, to make him less important.

-Or you know, like is there someone you used to date, but now there way out of mind... you haven't even thought about them in a long time? Yeah? Well notice as you take your finger and point, where do you see there picture.

-Right over there isn't that interesting? So if you were to, forget about this guy (hold up your palm, push it to where she pointed), it'd be like he gets stuck in the same place. And of course you might think to yourself, but I want to put him back"

-You might think you might think... until you really notice that from over there, from this perspective, you really can see all the things in him and about him you don't like... something that over time, would really cause you to dump him.

-And when that happens it's a little sad, but it's also a nice thing, because it allows you to create an opening for someone new. (point to yourself) I know that's how it can go down with me (point to your dick!)

Performance.02

The interesting, really interesting thing about acting is you wanna get to the place where you no longer want to give a performance.

You wanna get to the place where you step aside consciously and you let that performance flow through you. And really that is a moment of surrender.

Another Persons Experience

My friend Kim was telling me that her roommate has this best friend, Dawn. And when dawn starts to notice that growing attraction it happens in a certain way.

Like first, as she looks at the guy, and starts to really pay attention, she just becomes aware of certain things... like the rhythm of her breathing, and the beating of her heart, and the outline of his face... so as she becomes aware of all these things, one particular feature of his face just starts to rivet her attention, so she becomes totally absorbed in the connection taking place... and as that's all happening, it's like the warmth of his voice, the deep rich warmth of it, just starts to penetrate her consciousness, and spread all through her body, and as her heart beats faster and her breathing increases, that warmth just heats up into a fire, a fire spreading through her chest and down through her belly, a fire pounding and pulsating all through her, down to where she really longs to have it go, until that desire for him just becomes utterly overwhelming, and she just surrenders to it completely.

Influential

Have you ever met so who is very influential in your life. Someone who really opens your mind to new directions and really got you thinking in a powerful way. As you remember that was like while I talk to you and you allow that state of mind to really grow and take over your consciousness. If I were to say to you continue to allow that sense of absolute fascination to grow as we talk together. I don't know whether it will help you tremendously or just a hell of a lot more. But it is a good thing you can take on that mindset. Isn't it?

HW/ Jealousy

Note: These can be used while analyzing an HB's hadwriting once you notice these traits)

Jealousy... " You know... it looks like you have a tiny little bit of this jealousy showing in your writing... (smile at her as if that's the most natural thing in the world, cause it is) and most beautiful women have this same trait... because... i'm guessing that sometimes... when you see an attractive guy right in front of you... and he's got the attention of another woman... it's not like you just wanna have him all to yourself, and it's not that you want him to come ..to the conclusion that you are the Most beautiful, passionate woman he could ever experience... but rather... it's that natural instinct that women have, to really really want what they might not be able to have. Me, I'm the same way sometimes....

HW/Fear of Success... "

this trait shows that you might have a little bit of what they like to call fear of success ... but it's not really like that... I find that the women that have this trait, are really looking for that feeling of absolute comfort and safety, that comes with being connected with someone... someone they trust, and feel a sense of deep warmth when you are with this person... it's that feeling of comfort, and pleasure that you wanna have, all the time when you are around this person... and the thing is ... is that when you feel those feelings now, it's like you just wanna hold onto them and never let them go... so that's what this really means... and that's something that gives you a really nice picture of what kind of wonderful person you really are...

HW/Secrets

... loops in lowercase o's, on the right side I *always* say, "so you have secrets, eh? Like what?" *I grin mischievously, inducing the "yeah right I'm going to tell YOU" response... and I instantly anchor it, and CHANGE state into a much more open, serious and understated tone, where I deliver something like the above pattern... usually ending with something like, "if there were ONE major secret, that you've been DYING to tell someone -- someone who doesn't have daily contact with everyone you know in daily life... someone who, strangely, even when you first meet them, you just... feel really comfortable sharing intimate ideas with... can you.. feel that...*

would be a wonderful thing to be able to relieve yourself of the burden of carrying around such a secret? Even for just a little while? Now, with me... if a person could just... somehow choose ONE major secret to share in that unique and wonderful way... I wonder what you would find yourself just itching to share..."

Celtic Soul-Gazing Pattern I

What I'll do is analyze an HB's writing. When I'm done I'll say, "let me see your left hand".

When she gives it to me, I take it with my right hand and turn it palm up. I keep her hand in mine the whole time I am talking. She THINKS I'm going to read her palm.

Then I say, "Let me show you something really interesting. They SAY the eyes are the window to the soul, but that's really only half true. The RIGHT eye(I point to HER right eye...not the eye that appears on MY right, but her actual, eye on HER right side) is the window to the body and the mind...and the left eye(pointing to HER left eye) is the window to the soul.

So, we're going to do a little soul gazing here. You see the Celts don't believe in soul-mates. That just creates too much pressure. The Celts believe in Soul-Friends, that we have plenty of soul friends just waiting to meet us. (this totally takes all the romantic pressure off..she can relax and feel great because what guy would bring up the "friends" term that quickly? There goes THAT ever being brought up by HER!)

So, as I open up my left eye, and let you in, to see this soulfriend waiting to meet you, you can open up your left eye, and let me see the soul friend that's been waiting her whole life to meet me.

(Then relax and soften my eyes.....thinking loving thoughts.....100% of the time, they follow right along...when I see a little sparkle in their eye I say) THERE! RIGHT THERE! THAT one! Can you FEEL THAT(squeeze the hand) is the coolest thing to experience?

They are amazed 100% of the time by this! Now I have a soul friend anchor on her left hand, just by squeezing it(I don't anchor the right hand..as it would get fired off by everyone who shakes her hand! I want it to be uniquely anchored to ME if possible!)

You: Now, here's something even more interesting. Can you see an image of yourself on your 5th birthday?

(If she can't go that far back, try 10th birthday)

Her: Yes!

You: Now, notice what it's like as a you see an image of me, standing their next to you on your (X) birthday...(fire off anchor) ...feeling that Soul Friend Connection

Her: wow!

You: Now imagine yourself on your birthday 5 years from now....and see me standing their next to you....(fire off anchor) feeling that Soul Friend Connection

Her: WOW!

You: now..draw a line between the you on your X birthday and the you 5 years from now..and FEEL THIS (fire off anchor) as something really wonderful.

There you go..you've put yourself and that wonderful feeling all through her time line, past, present and future!
Instant MEGA-RAPPORT!

Feminity

That's an interesting thought that you feel feminine on the outside since if you really think about it, being feminine is something you really feel on the inside.

For instance, your hair might make you feel feminine... or your clothes... or your makeup... but those are just things... the things you feel on the inside are what really make you feel this way. Have you ever felt totally safe and secure being held in a strong, warm embrace... or heard the warmth of a voice wrapping itself around you, knowing you have found something special. And feeling this you notice a touch of a hand across your cheek... you feel a kiss on your neck... a feeling that grows until suddenly it's almost as if you can feel thousands of kisses covering every inch of your body... hands roaming... caressing... arousing... all those feelings you love so much from those places deep within you where they have been

waiting so long for this moment... and as you feel this building, wave upon wave, pleasure upon pleasure, ecstasy growing to this total bliss and perfect pleasure... now, with me, that is what I think makes a woman feel completely feminine, don't

you think?

Her: oh, yeah... :)

{Note: It could probably be set up easily with quotes: "you know my friend Kim says she loves having long hair because it makes her feel feminine..."}

You probably find yourself drawn to me because you feel that you can feel totally comfortable, completely safe and perhaps attracted to me in such a way that you just want to continue to enjoy this experience (sp) over and over again, so that each time this experience just feels better and better, now with me..that makes sense doesnt it?"

Pick Ups

Initial pick up:

be outrageous/ frevelhaft, abscheul., empörend

engaging/ für sich einnehmen

cocky/ großspurig, anmaßend

outgoing/

put them on

go from funny to

challenging

Angel

Excuse me I know this gonna sound the oldest, dumbest pick up line in the world. I know, I know, I have seen you somewhere before.

I know where it was I was reading a book on angels and they had you're picture on the cover.

I'm glad you laughed because you are absolutely breathtaking. I wanted to make sure you have more going for you than just that. Before I introduce myself. My name is.....

I don't have a lot of time right now. But I tell you what. If you sit with me for five minutes. I analyze your handwriting. I tell you secrets about yourself your best friends don't know.

Breathtaking

Important pause!

Excuse me. Forgive the interruption, but you are so-----
absolutely breathtaking.

I had to take the risk to meet you and find out what the person inside is like.

My name is-----

Laugh

Excuse me. I know it seems like an old question, can you think of the friend who makes you laugh the most.

-They should think of a friend and laugh.

Good, I had to see the smile which goes with that absolutely perfect face.

Energy

Excuse me I just had to tell you, you have the most wonderful energy. I had to introduce myself.

Clothes

Find an article of clothing she is wearing and you say: Where do you get this X?

Great, I really like them and the person wearing them is a shining example of generic perfection.

Intuition

I have an intuition about you. I know it sounds a little funny. My intuition is, if you connect w/ so. someone who you really like. You know that sense that click right here. My sense is when this all happens to you you can imagine time in the future say years from now...

it is just like the show I was seeing at the discovery channel.
People you know longer:

Genetic Perfection

I just gonna tell you you are a shining example of genetic perfection.-
Have you ever had your handwriting analysed.-

I love to talk to you anoteher time, when there are not so many distractions. If I would ask you back to my place would you come with me?

Stunning

Pardon me, forgive me for interrupting you you must have heard that a million times but I just got to tell you. You are absolutely stunning, drop dead gorgeous beautiful and I had to take a chance to get to know you my name is....

Energy

Excuse me I just had to tell you, you have the most wonderful energy. I had to introduce myself.

Clothes

Find an article of clothing she is wearing and you say: Where do you get this X?

Great, I really like them and the person wearing them is a shining example of generic perfection.

Intuition

I have an intuition about you. I know it sounds a little funny. My intuition is, if you connect w/ so. someone who you really like. You know that sense that click right here. My sense is when this all happens to you you can imagine time in the future say years from now...

it is just like the show I was seeing at the discovery channel.
People you know longer:

Place

Walk up to her and say: excuse me what you ever go out with a guy who you met in a place like this.

-Well it depends

My name is

Comfort

Excuse me can I ask you a question:

Have you ever have been totally comfortable with someone you just met?

- of course

As you think about that, I like to introduce myself.

Corny

Girl in a skimpy dress.

That is a great dress you are almost wearing.

Handwriting

I have an intuition about you. My intuition is you are smart enough and adventurous enough if I offered to sit down and analyse your handwriting and tell you secrets about yourself your best friends don't know. You jump at the opportunity right now.

Time

As in "Listen, I don't have a lot of time here, and obviously you

don't either. I've got to get going, and it appears you do to. And, we don't know each other. I don't really know you and you don't yet know the person I am..."

You don't know me

Or, as one student suggested, "Excuse me...you don't know me but..."

True statements that demonstrate you understand the external situation and what is going on, inside, with her.

Compliment

Here's one that combines both, "Excuse me....you don't know me...but I was hoping you're confident enough to accept a sincere compliment...."

Stunning

"If someone like me were to approach you, would you feel better if I told you you were absolutely stunning or would you be more intrigued if I was interested in who you are as a person, because I sense that you have a lot more going for you than just your good looks?" (note the challenge)

ELICITING

Challenge

You know I know in a situation like this, the typical thing is for a person to ask "what do you do" and its not that I am not interested in that, but I find I learn a lot more about a person when I find out what the challenges are in what they do.

Because I know there are some aspects of an occupation that are difficult and others are easy. Some aspects you find a big challenge and others you can do in your sleep. With me, in my line of work its the same thing. So if I were to ask you, what's the one aspect of what you do that's a challenge, either because you have to focus in to do it well, or you just have to focus in to get yourself motivated to do it, what would that be. So what's your belief about all this, do you believe it will always be a challenge, or will it one day be easy?

Fulfillment

What is it about x that you get the most fulfillment out of.

What are you doing when you are having funn with it.

LINES

Fantasies

What is it about those fantasies that are so compelling. It's like you have to ask yourself. Is it that they draw you towards them with an irresistible desire or is it that you are just compelled to move towards them.

Special

When you think about how wonderful it feels to be loved by someone you truly care for doesn't it make you to really be with someone special again.

Sex

I only want to do what we both can joyfully agree too.

Convince

I don't know how exactly you'll absolutely convince yourself that what I am saying is totally true and right and the more you might resist that suggestion the more deeper and much more open part of you is beginning to find reasons why its true.

Maybe not the reasons I suggest but your own reasons and that how you can know its true because you yourself is having those thoughts it isn't me. And you don't argue with your own thinking do you?

Opportunity

Isn't that great when you can find that in other things. You see this opportunity in front of you and you realize that this adventure you have to reach out and grab for yourself. The more you look at this opportunity in front of you the more you feel the feelings getting better and better. As you deeply convince yourself with each and every thought that this is sth. You have to have.

I would like to find out if you are the woman who I like to know more, (what make you to think I want you to know better?)

You strike me as a smart woman. You may have more going for you then your looks. If you are the kind of woman who kept thousand of guys on there knees and respect the physical aspect of who you are. And if that's what you are into then I thank you for your time and I am going now.

You: Hmm. Thank goodness! I was afraid you were expecting more than I was comfortable with from our time together today!

Deeper Structures "Methods and Masters"10.30

Most woman look at quantities depending on their level of maturity or depth, but women with depth and deeper levels of understanding and a deeper knowledge of who they are as a person can look at qualities.

And qualities have to do with the kind of emotional experiences you have around this person. What is it about them that so much resonates inside of you that it opens up deeper levels inside your mind those levels where you think of the things you normally don't want your friends to know you even long for where you experience true passion which isn't just experiencing lust in the moment. It's not that you feel so deeply touched you give all that you have. It's when you find yourself being so deeply touched by this person that you find things coming forth you didn't know they would be there. Now often times that comes along when you are not ready for it when you are not expecting it because what you are ready for and what you are expect by definition can only include what you already know. And where is the opportunity for the true magic the true mistery the true wonder.

And only a very powerful woman can know to take advantage of that. Like Cleopatra, she was a leader, she could see this opportunity and think grab it. It's yours you don't have to ... to anyone. This is what you want. Just take it right now.

Fulfillment

There is a difference what people want and what would truly fulfill them.

What do you want?

What's the trap in getting what you want. Do you think most people know what they want.–

What you want by definition is totally defined by what you already know. And where in that is the opportunity for really magic. Real mystery real passion.

Q: What is fulfilling about ...-

A: You learn so much about people where they experience those moments of...

Dating

Are you dating anyone you really like someone who is with you you really want them to be.

Sexual Accelerator

It's the kind of thing that can cause a person to come over and over and over again to one conclusion, that there is an opportunity to create an opening, an opening for a nude erection. The thing about a magnificent new direction is. It's not enough to just ponder it. You gotta take it all the way in.

Take it in deep. Make it your identity. Dance with it. Make it one with you, your essence deep inside. ...

Can't help yourself language

52 min method's and masters.

Sometimes you don't even know why that's taking place. Now, with me. Sometimes all sorts of things go deep inside yourself. You don't even know why you can help yourself. It's like there is this mysterious machine far far way. generating all this electricity that is shooting to the circuits. Building, bagging for release. It could be anything that triggers it. Could be just some unique feature in that person's face. Could be the way the warmth of their voice wraps itself around you. And causes you to consider nude possibilities. New thoughts, new adventures. It could be just some way they happen to touch you. (anchor). It just makes you know, oh my god you gotta have this. The really interesting thing to me is how sometimes that person can enter that place of nude possibilities just like that, snap, in a blink of an eye. By taking a deep breath (demonstrate) a person can go all the way into that place. And they can begin to consider the person they are listening too. What is this person doing for fun. What kind of friends do they have. What would it be like for this person to be enjoying you in all the ways two adults love to be enjoyed. In all the ways maybe you dream to be enjoyed. It's the kind of thing that can cause a person to come over and over and over again. It's just like this poem, have you ever been fascinated by someone who's word just seem to captivate you.

Reasons

"I'd never have an affair" so I acknowledged it but didn't make an issue of it and said my intuition was that she was a person would could take advantage of a opportunity that felt right for all the right reasons. Boy could she!

Ideal Lover

"I'm curious (Name), most of my female friends, when talking about their first sexual experience, tell me some pretty wild things and some pretty awesome things. I find it soooooo fascinating when a woman knows exactly what she wants to experience with her ideal lover. If you were to...imagine the perfect ideal lover...one that knows just how to touch you in...just the ways you really desire...what do you imagine?"

Comfortable

Resisting the current setting instead of pacing the current setting. "you know you can learn so much about people by the process they go through when getting comfortable together (thank you Ross!)"

Team

Without supplicating you can call her and say, "you know I don't know where my head was last night, but I was really out of synch with you. (pacing the situation) You know what makes a really good team is that they develop a

sense of where each member is and they naturally adjust to each other. They're just really connected. You know what I mean?" (and shut up and let her talk about being connected as a team)

Don Juan

I see what is beyond visible to the eye. Now there are those, of course, who do not share my perceptions, it is true. When I say that all my woman are dazzling beauties, they object. The nose of this one is too large; the hips of another, they are too wide; perhaps the breasts of a third, they are too small. But I see these women for how they truly are...glorious, radiant, spectacular, and perfect...because I am not limited by my eyesight. Women react to me in the way they do, Because they sense that I search out the beauty that lies within until it overwhelms everything else. And then they cannot avoid their desire, to release that beauty and envelope me in it.

Emotional Keys

Okay right here, she gave you some emotional keys to play with. Instead of going into what the book was about, use this as an opportunity to find out where she is at – ask her some questions like " So you like to laugh, what makes you laugh", or even go in for the kill, "mIsn't it amazing how a story can touch you so deeply, to the point where you can feel it all over your body, etc, etc,"

Surface/ Negation

You are probably not so. who can look past the surface and see sth. much deeper sth. really worth getting to know.

Adventurous/ Negation

You are probably not open and adventurous enough to really want to explore this subject matter further with so. who you realize really understands it.

Challenge

What would it take for you ...

Approach groups and gain rapport

Hi! I just couldn't help wondering which of you ladies was the most imaginative and adventurous?

(On to HW)

Hey guys! When I'm at a bar my friends and I like to play this game, it's called 'Who's got some'
So how 'bout that guy over there, you think he's gotten some lately?

Crappy sketch artist.

I only used it once but when I did a girl from the other table came up and said "So which one is the beautiful girl?"

Wish

Walk up to a girl and say:

"Excuse me princess...but I have finally brought you your wish."

and then wait– They will always say something like "What wish?"

Look her in the eyes and say: "Have you forgotten so soon? Many years ago my princess, when you were only a child...you made a wish. It may have been while you were lying in bed one night... or maybe it was during a time when the world seemed the most magical and bright with possibilities (She WILL find an experience like this to remember and then go into that state)...but you made a wish.

You saw in your mind what you truly wanted out of life. It was as if you could literally...FEEL THE WARM AND GROWING ANTICIPATION..of what is NOW HERE IN FRONT OF YOU (sp). And in your mind you made that special wish about THIS SPECIAL THING (sp)

(Its SO vague its wonderful. I love me :o)

"Maybe you have forgotten about it as the years went on...
but if you still have that little girl inside you..the one that
stills wants THIS MAGIC (sp) and WONDERFUL EXPERIENCE (sp)
then all you have to do...is TAKE IT. And when you do (presupp)
I know that you will look back on this moment, say six months
from now (future pace), and will be amazed and enchanted at what THIS GIFT (sp) has meant to your life."

"I will be over there, so when you decided that YES..YOU WANT
THIS (sp) then COME FOR ME..and I will lead you on a wondrous
journey that you will never forget."

*I ask them to come to me because I want them to ratify their
want and desire for what I am offering. You can always go into
it right then..but I find my closes are higher when I add the qualifier step.*

*From this point, you can go into the Cube, hand writing etc to continue with leading her into a greater experience.
Now I was surprised by the fact that the younger girls (21-25) actually ate this up. Im not surewhy..but they do.*

*The best thing to do is ASK. Ask her what is it about him
that draws her to him or attracts her. Tom taught me an awesome
lesson with this one. Say a chic is attracted to a guy, find out
what he does to get her excited...find out EXACTLY. These
will be anchors for her. Then establish rapport and STEAL
THE ANCHORS!! HAAAA!*

Convince

I don't know how exactly you'll absolutely convince yourself that what I am saying is totally true and right and the more you might resist that suggestion the more deeper and much more open part of you is beginning to find reasons why its true.

Maybe not the reasons I suggest but your own reasons and that how you can know its true because you yourself is having those thoughts it isn't me.

And you don't argue with your own thinking

My Place

If I would ask you back to my place would you come with me?

Wonderous

What would a guy have to do to convince your wonderous self to have a cup of coffee w/ ...

Voice Mail

Even though you realize I am hard to get hold of. I am probably to busy to spend too much time with you you can still feel enthusiastic about reaching for the phone.

I am C* I don't know if you are the kind of woman who can look past the service and see sth deeper sth worth really getting to know. But my bet is you are. My waiger? is you are. The kind of person who can stop and imagine being together and really enjoying each others company. So if and only if I am right about you you can reach to the phone and call me at. And this is the only thing I can do right now cause this is the only number I have to reach you. I hope this mesage has reached you.

Now the obvious is to ask targeted questions. I spoke with a girl this afternoon and asked her "Im curious Misty, from a man to a woman, when you find someone who just does it for you, I mean really touches the right parts of your imagination and emotions...what exactly happens? I mean, how do you know WHEN that happens for you...what does your body and mind tell you?"

"I was reading that women get very distinct signals from their bodies. Can I ask you -- are you more aware of the signal your body gives you to tell you you're attracted to this guy, or the signal that tell you you're turned on now, because those are two very different thing?"

"If you have a chance for a once in a lifetime evening of adventure, romance and passion, would you be drawn to seize the adventure or driven to not miss the opportunity, BECAUSE those are two very different things?"

"Excuse me. May I ask you a question? ... pause... If you were to imagine...pause... your ideal vacation SPOT (say it lascivous like G-spooot...)/or Do you find yourself more of an adventurer of an explorer.../what it is about your job (again jooob :-)) that you find the most fulfilling?..."

"Have you ever wondered if there's a difference between the things we think will make us happy and the people that would trully fulfill us, deep inside?"

"Mandy, you can see that as you watch Scooby, in your mind, you can't help but just notice that he's getting brighter, and you can't help but wonder just how bright he's going to get. I don't know how fast he's going to grow brighter, now, with me it can become an uncontrollable, warm, deep, safe glow, that seems to come from below me, deep into you. Now, part of you is listening to my voice, my voice, and wondering if this is true and another part of your mind that is listening and just KNOWS that this IS be true, and you CAN, while just playing with the images in your mind, you can just feel that inner, warm glow as he get brighter, and brighter, Uncontrollably brighter..." At this point, she smiled and giggled, "He's glowing so bright!". I immediately squeezed her upper right arm and said "Ruh Roh!"

You can always comment about energy, momement and state.
"I noticed you appear happy...are you just coming back from vacation?" "I noticed the way your energy translates into your movement, do you dance?" Sometimes here being wrong is the right way to open a conversation. Its OK, you don't know her, so go ahead, be wrong in a flattering way.

Yeah! And at first that feeling might only be an ember inside you, the begining of anticipation as it starts to build (moving the anchor closer, turning up my own state) but as it grows and gets stronger and stronger and stronger, it's like you are about to explode if you dont ACT ON THAT FEELING...now, that's when you want to be kissed just like this...." and I gently traced her lips with my

fingertip, HARDLY touching her....she was already quivering, and I shifted so I was closer to her. A few moments later she put her hand on the back of my head and started playing with my hair and I leaned in and kissed her.

The response I gave (Ross's): "Uhh...Well, look: I can control myself. What I can't control is the reaction you find yourself having toward me. So I don't want to see you hitting on me."

"Excuse me... I know you don't know me, but you're very pretty... and I was wondering if I could sit with you and we could talk, and see if we can make friends."

"Now, I know you don't know me..." (good reaction) "...but you're very pretty..." (very good response) "Now, I myself have a girlfriend, but I have a friend who would really like to meet you..."

"Look..if you want to build walls to keep people out, that WILL work. You WILL keep people out and you WILL keep hurt and pain away. That works, no question about it"

"But what you haven't realized until now, is that you are also WALLING YOUR LIMITATIONS IN. And you're letting the people who hurt you the most be the architects of your life, because THEY'RE the ones who built and designed those walls for you. And is that the way you really want to live and lead your life?"

Okay my approach was in the train station, i got off the train and caught up with her by the steps...I said excuse me miss for stoppping you while your going down the steps on your way, (pace), I just wanted to meet you, have yu ever met someone and knew right away that you wanted to get to know them?? just like that? (snap my fingers low key though)She paused and said yes.. I said – well. I used to be shy and would never approach someone I wanted to meet but I wanted to meet you.. she paused again and said wow or something...she was shook my hand and told me her name, I told her mine.. Then I quickly asked, without her having a chance to say something, " Do you have a boyfreiend?? ?" she looked a little surprised when I asked her that.. I followed immediately with are you exclusive, because i have some girls I go out with but nothing exclusive, she tells me no she's not exclusive but the look on her face was almost like she couldnt believe she was being so honest with me. "Well great i said what would we have to do to make sure we get a chance to talk again?"

ta: if you saw a guy that you were interested in (credit vinigarr) how would you grab his attention?

ta: how do you know when youre attracted? I'm writing a song on attraction and i 'd like your opinion..

"Would you rather be a young man's fuck-toy, or a grown man's sweetheart?"

"Time is an interesting thing, because everyone gets the same amount, but its value changes, depending on who you're with."

Since we are on the subject of younger women, I have used this as an opener MANY, MANY times with very good results:

Friends

"I don't really do the traditional dating thing, because I don't think it serves either person very well. It creates this competitive power struggle between people who are trying to connect and create something genuine and fulfilling. It's all about restrictions, expectations and limitations. I'm not about that (point away). Instead, with me, it is really about finding extraordinary, magnificent women with whom I can share a deep and meaningful connection, a

connection that is based in friendship, trust, mutual respect, and acceptance fortified with passion, romance, laughter, and an intense intellectual and emotional connection, that we both share (nod yes).

Now. This means that first and foremost we are friends (gesture between the two of you), we hang out, do stuff, enjoy each others company. But we also have hot sex, and sometimes we get together just for hot sex! Now, with me, the friendship part is so important, because my time is very valuable, and I only share it with people that I truly like and respect (gesture to her). So when you think about it like that, you really can have everything (self point), if you just stop..... and allow yourself to come....from that place where anything is possible, where anything can be experienced, where anything can be enjoyed, where anything can be tried out, where anything can be tried on..... and as you listen to this inner most place of possibility.... you know this is something you really want, something that will fulfill you in all the ways you long to be fulfilled, touch you in the ways you have longed to be touched, safe and secure in the knowledge that the foundation of all this lays in the appreciation and acceptance of the beautiful person that lives on the inside....right there (anchor solar plexus)"

From there just continue with your themes and such but now that you have reframed the meaning of friendship, you can interject how "we are going to be good friends (with anchor)" or "I'm glad were friends" etc....

Isn't shopping an intense/satisfying/fullfilling emotional experience... (sp)?

I also used this on a married woman I work with:

"May I ask you a question? Would you feel terrific if I told you how attractive you are or would you feel better if I was more interested in you as a person, because you're very attractive and married?" Her eyes completely defocused and I got immediate nipple distension.

And where, may I ask, in that, is the room for the truly magical? The truly miraculous? The truly wonderful and surprising aspects of life that make her gasp in awe and feel like a child once again. discovering the world anew? The true wonder is when she is carried beyond all that by a man who touches her in so many mysterious ways that she never even imagined she COULD be touched and she experiences TRUE passion..which is not temporarily being turned on in the moment..it's not even when she finds she gives all that she has..but when she is touches SO profoundly that she discovers things within her that she didn't even know were there

Just the other week, for example, I was in the Marina and spotted a MAJOR hot babe with her less than attractive girlfriend. I approached them and said, "Excuse me for interrupting..and please excuse me for putting YOU on the spot in front of your friend. But I HAD to pay you a compliment." Then I shut the hell up

"Hey Debbie..this is Bob..I thought I'd give it one last shot at getting a chance to talk. I've learned one lesson, living in (insert your city or part of the country...since I live in L.A., I say L.A!) L.A. my whole life, and that's that beauty is common...but people with a great attitude..a great energy..a great outlook on life are rare..and they're worth working to get to know. And I think that's an understanding that goes BOTH ways. So if you can find your own reasons to call me, my number is 555-5512."

"It's too bad we'll probably never get a chance to talk without these time pressures or interruptions, but if we recognize WE BOTH REALLY WANT TO...what steps would we have to take to make sure that happens?"

As for how you can use SS to open up a conversation, for example, Where are you from? Is that a nice place? If they think so, ask them what do they like most about it. Another example, I honestly thought this particular girl was very stunning. So, I told her so. It was a very honest comment. So, I personally think honesty will always work

So, enough philosophy; get on with the story! Well I go into my favorite bar and the owner, let's call him G, who used to be my neighbor, is tending bar. I sit down and just talk to him about stuff; how's your wife, how're the kids, how's business since the new mall opened... We're just having a normal conversation between friends when two women come in and sit at the bar with the obligatory empty seat between me and them. One of the women I have seen in the bar before. She is tall, reasonable attractive, but with a weak energy; let's call her B. The other is

youngish, about 25, and just exuding vitality, call her C.

The owner goes over to talk to them and get their order. This is my opportunity. "Do you know G?" I say as if introducing my friends to each other. They all exchange names and handshakes and I interject myself in this ritual. Just because G doesn't know he's my WM doesn't mean I can't use him. As I look at them I notice it has started snowing so I point out the window and say "Look it's snowing!" How's that for an earth shattering opening!

"Do either of you ski?"

"Snowboard" C says.

"Cool, man snowboarding on powder looks just like surfing on snow" I say and C just lights up. Bingo! Found something on the first try. "What do you like best about snowboarding?"

And she says something about freedom, excitement, and feeling light. I take these and spin a variation on the DC using freedom and excitement. I couldn't think of how to use feeling light, but I'll take 2 out of 3 any day.

At some point in the conversation I ask where their favorite place to "do it" is. C says Vail and that she still has to go 5 more times (a reference to the season pass she has. I understand her even if you don't) I mention that I'm going to Vail at the end of the month and she suggests that maybe we can "get together". We continue talking until the band, which has been on break, starts back up.

At this point I have already moved to where I am standing next to B, and leaning between the two of them. I notice a booth in the corner has just become available so I put my hand on B's shoulder and say "let's go over there where we can talk" pick up her drink and motion to C to follow. We sit in the booth.

C who I've been focusing most of my attention on slides in across from me while B slides in next to me.

Interesting! I notice that C is wearing a heart shaped ring on the ring finger of her right hand. I take her hand and ask, "where did you get that?" (Have you heard this before?) She told me something about a silver shop in the mall or something that didn't seem useful. I told her, "I have a friend who's a palmist and he says that the finger you wear a ring on is an indicator of your personality" (Thanks Irfan) "See this finger relates to your heart; there's a blood vessel from the tip of your finger...all the way...to your...heart" and I trace with my finger from the back of her hand, up her arm, and do the finger point.

"You're right handed, aren't you?" (fractionating) "How did you know?" (Duh, I only had a 93% chance!) "See, your right hand represents how you relate to the world; your left hand is your inner life. My friend would say that outwardly, you'll let people see your heart, but inside, you'll decide who you're attracted to (sp), who you turn you on (sp), instead of letting society tell you to."

"God, how did you know!" (I'm not sure, but I think this might be a positive response :)

I go into a variation on natural vs. culturally programmed woman then starting riffing on how most men don't know how to really touch a woman deep inside, how to help her create an opening for nude erections, then I give her my ballet pattern where I describe sex as like a ballet. With my P vision I notice B is getting into this too. Then the clincher, "Do you like the ballet?" They both say almost in unison that they love it. C tells me that I need to teach this stuff to other guys and I wink at her, "why?"

Now I don't think I can close to the degree I want to so I go for the alternate. "Well, it's been fun, but I gotta go. It's too bad we can't do this more."

"Well, give us your number." They say. Alright, here I resort to kinda AFC behavior and pull out my business card and write my cell phone on the back. They write their numbers for me and B goes to the bathroom. As I'm leaving C grabs my arm and says, "I think you meet people at certain times for a reason"

Say, "Have you ever found that you BECOME AROUSED when you THINK about being touched in that Mmm special way"?

I ask "let me ask you a question....." (both of them staring at me kinda coldly) "Say you are extremely attracted to a guy (sp), what could he do to show you that he wants to get to know you... on a deeper level?" I tell blonde, I have to go and that it was too bad we won't have an opportunity to meet again... and that I should get her number (my mistake, should have left it open ended more). She says that she can't give me her number... Teasing and in a fun way I say "Fine then! :)" She leans over and says she is staying with her dad and doesn't know remember his number... but she offered her email. She emailed me early the next day. Valid excuse?

I leaned over before I left and said "Say a guy wanted to kiss you, what could he do to kiss you".. she lit up, smiled said something about *could*.... I didn't hear her, asked what she said... she said "maybe later :)".

I smiled and left. I should of kissed her right there. (?)

Next time, either A) I shouldn't try to move so fast or 2) rephrase it like "Say you really wanted to kiss a guy (sp) and felt that feeling right before you kissed a guy, and seen your lips moving closer (move closer) to his (sp) and just heard that voice inside you head that says "Mmmm"" and then kiss her then?

"If _____ wasn't/didn't _____, I'd be tempted to kiss you."

"Have you ever met someone that allowed you to...Feel immediately comfortable?" In my opinion, it makes both of you relax and lighten up.

What has to happen in your mind to change the way we... ?

Name me 3 things uniquely good qualities of you which are not your looks.

Name 3 qualities you look for in a guy.

Kisser

> This weekend I use it over brunch in a crowded restaurant so it would of been
> difficult to reach over eggs, homefries, ketchup and coffee to go for a kiss
> close. However on the cab ride back uptown I got her into a kissing state by
> asking her how she would rate herself as a kisser she was too shy to answer
> so then I rephrased it and asked her if she were tokiss me right
> now..... how I would rate her. The rest was history. I got a slow
passionate full on, kiss close.



FRIENDS PLUS

Denise you know I am very attracted to you and I enjoy spending time with you and I want to be clear on this from the start. I prefer to take things slow and not get caught up in all the rules around the boy friend girl friend thing, because I find that once you do that it becomes a task something we have to do rather than something we can both enjoy. I know that with your daughter and all the other things going on in your life this would probably be much easier for you and me as well."

LEAD INS

Inside

I was thinking about the people I know in my life and all of a sudden I got that really powerful inside about you...

Dance

"Hey Debbie, that was a fun dance... you know, while we were out there I was reminded of something I read on the Internet about how when people are moving like that together they just naturally and easily fall into a state of complete rapport. Now, with me Debbie, it seems that dancing is just nature's way of making two people feel comfortable...feel safe...feel connected with another person...the person right in front of you... its just like when you meet someone and you feel an incredible sense of connection..."

Parties

Do you know what is really interesting about parties to watch to see who is not connecting and who is really connecting. Have you been to a party and you didn't really know anyone, so rather to meet new people you sit back and watch people. I think even you don't know you can't tell if they are really connecting or not. On the other hand, have you ever felt an incredible conn.

Book

I read a whacky book about how to understand women. The guy was saying it is so important for women to feel an unbelievable connection. The way he was describing it was. "Do you ever feel that click right here. That just makes you feel totally drawn to this person...."

Learn

I think you learn so much about people by learning how time passes for them subjectively. How their sense of time changes and shifts.

(stacking examples)

Have you ever been out with friends for an evening. Friends you really enjoy. And even though it seems only an hour went by you look at your watch and five or six hours have gone by within that time period. You can be waiting in line for the movies for ten minutes but that ten minutes seem like an hour.

You remember the last time you had a peak experience like climbing a mountain, seeing a beautiful sunset that truly moved you or heard a piece of music that just made you feel amazing. The interesting thing is how sometimes inside you can slow time down, stop the world and it's like that one moment of experience contains an eternity to be explored.

Have you ever met so. even though by the clock or calendar it only seems you know them a short while but in here it felt like you have known them forever.. Like you were meant to know. Sometimes where you can just stop imagining a time in the future say years from now still feeling this incredible connection looking back on this moment as being the start of it. Could you be...

(Theme what you can learn about people and how time passes subjectively)

Stack three examples and commands

-w/friends

peak experience

meets so.)

(transition phrase: And here is another way you can learn about people)

(Not only you learn about people by learning how they X but also how they y)

Time

I am reading this book on quantum physics and they were saying how time is not just a linear thing but time exists simultaneously. That the past, presence and future exist right now. It got me thinking how you could learn so much about people by learning how their sense subjectively shifts and changes.....

Pattern.

Personal Timing

The other thing that teaches you so much is people's personal timing and personal rhythm. There is the rhythm which with you can breathe, there is the rhythm with which you listen. And there is the very personal very private intimate rhythm of in and out back and forth. Between outside in the world, talking to people and being inside. The space of fantasy and daydream.

I think you learn so much about people when they are ? tuned in that place of fantasy and daydream, they strike a balance between compulsion and anticipation.- bj pattern

(compulsion -Zwang

anticipation - Hoffnung, Erwartung)

Compulsion is when you find yourself doing sth. without ever thinking about it like. Have you ever just finding yourself just reaching out for the refrigerator before you know it you look at the fridge and say what the hell I am doing. I am not even hungry. But anticipation is when your mind anticipates the pleasure before it already arrives. Did you ever come home from a really hot and hard day and before you come home you imagine dropping every inch of clothing. Climbing into that steaming shower and before you even get home you can imagine that moment where you standing there the water is hitting your body. And you can imagine that heat working its way through every part of the body.

Or do you like chocolate. Do you ever have a piece of chocolate and rather than to eat it right away you save it for yourself. You have it home and it is your reward for a hard day's work. Then it comes that moment when you unwrap it you slowly undress the ?streak and you hold it right in front of your lips and you stop and tease yourself with it. You imagine that first soft brush of the lips against it. That moment when you tease it, with the slightest touch of your lips. That first molecule of sweetness and then it meets in your mouth. It is like an explosion of pleasure in your mouth.

Do you ever have been really attracted to someone you know. There is an incredible connection here but you haven't acted on it yet. Then it comes that moment when you stop talking and you just look at each other. You know sth. is about to happen. And you begin to anticipate that first wonderful electric kiss. You know that first brush of the lips it is so soft you don't even know you are kissing it. And then it is like this jolt of pleasure and every bit of pleasure in this relationship is infolded. In that first one amazing kiss. So I think what can happen is the conscious mind can go down into the unconscious and come up with all these thoughts and ideas and fantasies. And being intellectual I think that my most important thoughts came from above me but how so many amazing thoughts come from below me. Coming from that much more primitive place inside your mind.

You know the thing about fantasies and you don't even know it until all of the sudden they blurt (herausplatzen) sth. out unexpectedly. About two weeks ago I was sitting with my neighbor. Right in this place right here. Can you imagine me going down you all night long exactly the way you like it. You were so hot so turned on you knew you had to have me, right here right now.

Walk Up

Hey man how's it going, I did a successful walkup with a HB while on my way to Times Square at around 9 Sunday night, the walk up was very simple and effective and consisted of

Excuse me.....(as I caught her attention) I just couldn't help noticing (point to my heart as if speaking with true sincerity) what an amazing sense of style you have.....and I was wonderingif you are as beautiful on the inside as the outside.....(she said she is beautiful on the inside, I noticed she had a shopping bag and I asked her if she was shopping) do you love shopping to look good or..... feel good.....(kudos for the Pimp known as Cruiser79 for that one)

then I pretty much had a shopping bag with a handwriting analysis book I borrowed from the library and then I told her about the book and how it would *tell you secrets about yourself not even your best friends know and ill get to*

discover if your the kind of individual i want to get to know more of.....and i dont know if you can imagine having an amazing conversation while sitting down at starbucks while having a good comfortable wonderful time.....now what steps would we have to take to make it happen (she said i guess we have to exchange numbers) and just like that she gave me her number

COMMANDS

Secret Core

A person can be touched in that place I call the secret core the place inside yourself where anything is possible. Where you keep your most exciting memories. Keep your fantasies and daydreams.

Song

Can you think of a song that you really enjoy ..one that can change how you feel in a positive way and make you feel great ?

Quotes

Falling In Love

You know, Sometimes I think women are so strange. I can't believe you all. Well, the other day, I was talking with my friend ... and she looked at me and she said,

"If you were to imagine we were in love, what are the two or three things about me that you could say that just cause you to fall in love with me the most."

Now I can't believe, that's not the kind of thing you ask someone to think about on the spot. It's the kind of thing you find yourself pondering it.

You know, maybe when you're doing everyday things like driving your car or taking a shower and you find that you think about it to the point where you can't get it out of your mind. You can't expect an answer right away. But when you think about it, I mean, what's it like when you fall passionately in love?

Its wonderful thing to feel a growing desire for someone(pt) to the point where you imagine yourself with them in a mmmmm

special way.

But really, people shouldn't do that, forcefully.—

Warmth

— In fact, as the warmth of that voice just turns to a fire spreading through your chest down through your body, as your heart beats faster and your breathing increases, and you really feel that total perfection (fire anchor again).. I just want to tell you I'm having a great time with you tonight. It sure is better than being with all those jerks out there. Cause I know some guys can be so crude. It's like the other night, I was in a bar... and this guy walks right up to a girl and he says:

"Can you imagine how great it would feel if I were going down on you, exactly the way you like it, all night long, and you were so hot and so wet you were begging to have me inside you?" I can't believe how crude some guys can be!!!

SEX

Do you guys see the pattern in what John writes? I'm going to use this in a quotes pattern as a sexual accelerator!

>Does that make her a whore? Or just intrigued by sex? or >uninhibited when she's safe? Man, I can't believe you guy can't see how detrimental it is to think of a woman who is >uninhibited as a whore. If that comes out of you in any >way, you'll never see that side of her. Women are capable >of wearing many hats.... My gf wears two (or more) sexual hats... one says, "Fuck me like you own me." the other says..."Make love to me." If I saw one of those roles she plays as dirty, I would never have the chance to explore it with her. She likes to surrender, and acting out slut fantasies is her way of doing it ... and WOW, I fucking love it. Be careful how you label, especially when your labels disqualify someone from exploring your new direction. "Ya know, I was talking with my friend John the other night and he was telling me about the wonderful relationship he has with his girlfriend Jessica (sorry John - I'm just takre).

Anyway, they have this intensely powerful relationship built on that sense of connection we were talking about, trust, and respect (or any other value you ellicit from her). She's a really tremendous person. She's reached the point of enlightenment that allows her to FEEL COMFORTABLE in a number of different roles. Like, for example, John and Jessica have a SEXUAL RELATIONSHIP that, like, ya know, you can IMAGINE IN YOUR WILDEST PHANTISIES. WITH ME, I just think it's a wonderful thing. Anyway, Jessica sometimes likes to ENJOY SLOW, PASSIONATE LOVE MAKING. You know, the kind that just r is on for hours ... yea, just like that. Sometimes, though, she will be jjust the right mood...yea ... just that mood ... like, she'll look him right in the eye and say "FUCK ME LIKE YOU OWN ME." As we sit here and talk about this, I find myself wondering what was going through her mind as she said that. Can you IMAGINE WHAT SHE WAS THINKING? I mean, can you just

IMAGINE THE RAW PASSION AND SEXUAL ENERGY that drives someone to this level of awareness? That allows someone to truly experience life to the fullest and feel that incredible (insert value here - freedom, passion, fun etc.)... I mean, sometimes I'm actually envious of Jessica's special ability. Can you IMAGINE WHAT IT WOULD BE LIKE TO HAVE THAT ABILITY?

CLOSE

Close

I think you are a great lady and you deserve a chance to see how much fun we can have. Can you be ready Monday night at eight.

Coffee

The more you laugh the more you recognize how much fun it would be to spend time together, now ... do you want to have coffee, or would lunch be better?

Special

When you think about how wonderful is it to be loved by someone who you truly care for doesn't make you want to be with someone special again, you appear to be a very special lady and I would be flattered if you would like to become better acquainted.

You know sometimes you're with someone and you're not sure what it is that causes you suddenly feel a powerful attraction to this person and then for whatever mysterious reason you just imagine being with this person in a very special way because of something about them that causes you to feel enchantment.

Time

You know, I don't know what it is you do when you decide for yourself that you really want to spend time with someone, and you know it's what you want, because you find yourself looking forward to it ... you picture ... you imagine being together, laughing, having the best time, feeling all the things you want to feel for all the right reasons, but if you were to just stop ... and

Demo

Passion visualization

1. find out what their passion is

2.(X) find out what it is she finds most fulfilling(or values most) about her passion3.(Y) Get the rule e.g., how do you know you have(or how do you know you are experiencing) X

2b.You could alternatively go into Ross, signal recognition technique e.g., what is the first signal you get for yourself, the first thing that happens inside your body that lets you know you are really being fulfilled.

3. (Z) Interaction between value and rule what,s it like you know you have this X b/c you are experiencing (or feeling) this Y.

4. (A) elicit her desire for action so what aspects of the natural woman you are deep inside, what parts of you that you normally don,t let out begin to feel compelled to come out and play when you really know you have this X b/c you are experiencing (or feeling) this Z?

5. Now say to her, „So, when you FEEL compelled to BEGIN to act A b/c you really FEEL Z with me it's like, you GO INTO THIS special PLACE...where you can really FEEL free to act A (or let that „A%o part of you out).... it is a place where there are NO LIMITS....and no limitations on you allowing yourself the opportunity to completely surrender yourself to these Y feelings in this very moment .. And it's like you HEAR THIS VOICE...this voice of surrender that tells you....fuck it, this (sp) is for me...go for this right now."

6. Have her ratify this

7. Now fractionate by saying to her, „a psychologist friend of mine was saying that certain flowers can represent the whole spectrum of emotions that certain passions evoke in us. So, if you were to VISUALIZE the feeling that that passion evokes in you as a flower, what kind of flower would it be

8. if you were to give it a magical color, what color might you give it?

9. I want you to NOTICE if you were to BREATH in how this flower becomes bigger And as you breath out it becomes smaller breath in it becomes bigger breath out it becomes smaller Now what I want you to do is look at the flower, but FOCUS in on these Z feelings and as you just keep looking at the flower and FOCUSING in on these Z feelings you might even NOTICE how the closer the flower gets, the more intense you BEGIN TO FEEL these Z feelings and the more you FEEL these Z feelings the more you FIND yourself wanting to act A.

8. notice how the more intense a person begins to FEEL this passion, the warmer the flower gets and the brighter the color becomes, and the brighter the color glows and the warmer the flower gets , the more intense a person can FEEL these Z feelings. So for example, whenever you BEGIN to feel Z, notice how the color can become brighter and the flower can become warmer.

9. Now if I were to take a petal from this flower and rub it against you, could you FEEL this?

10. now notice as I move that petal up your arm, how the petal can become warmer and the color can become brighter. And as the petal becomes warmer and brighter notice how these feelings can become more intense and the more intense these feelings become the warmer and the brighter that petal becomes.

11. If I were to ask you how good you feel on a scale of 1-10 what might you tell me.

12. Did you know that pleasure has a color. If you were to imagine that it had a color, what color would it be? (lets suppose she says, „red)

13. Now watch as that rose petal turns into a tiny ball of X energy. Now, I know that it looks very small. But how surprised would you be to find out that this little ball contains all the pleasure in the world?

14. Now what would it be like if we were to put this ball inside you right THERE (lower stomach).

Signal Recognition

After a bit of chit chat and talk on the difference between immediate attraction and an attraction that takes place after knowing a person for a while.

ME: So I,m wondering, what sorts of values do you find the sorts of guys you are attracted to having?

HER: As I have gotten older, they have to seem fun or like intriguing or like confident And that has to come across right away.

ME: O.K., so they have to have this fun intriguing confidence that comes across right away. And how do you know that this (sp) person has this fun intriguing confidence about them?

HER: There has to be something there.

ME: How do you know something is there?

HER: Usually people have a certain energy about you? (Notice she said, „certain energy about you% instead of „a certain energy about them%. Due to my self-pointing, she is already beginning to associate the question with her as opposed to just some guy).

ME: So, now I am wondering, when you meet someone (sp), what signal do you get for yourself, what,s the first thing that happens inside your body that lets you realize that this (sp) person has this (sp) certain energy letting you know that you can be attracted to them b/c they are fun, intriguing and confident?ΣWhat,s the first thing that happens that lets you realize this?

HER: Do you mean like a physical manifestation or like in my brain I go like, „oh!%“(BTW, as she is recalling the experience I am taking a mental note of the expression on her face, where her eyes go, etc.. I am also beginning to visually anchor her with my hand)

ME: With some people it is something in their brain that goes oh, other people it starts with maybe some butterflies in your stomach or feeling in your chest.

HER: Maybe like five times in my life have I actually had butterflies in my stomachΣBut other than that it is something in my head that goes „oh, I am going to go stand in their circumference%“ΣIts some initial intrigue.

ME: So, have you ever had the experience of those butterflies in your stomach, and then you find out on top of it that this(sp) person,s intriguingΣAnd you GET that feeling in your head that goes „oh%“(zipping up anchor)

HER:(giggling and blushing a little) yea

ME: SO you had that before.

HER: yea

ME: Now what,s interesting is that earlier you said that you,re very visual

HER: yea

ME: So, when you meet someone and you have those butterflies in your stomach and you have that sense of intrigueΣthat feeling in your head that goes (Eoh!,Σthat lets you know that this person,s funΣI mean, what,s that like?(zipping up visual anchor with hand)?

HER: (She goes deep into state) Um..Um.unbelievable.

ME: So what behaviors, what parts of you do find yourself wanting to let out and play when you really feel these butterflies and you feel this intrigue and your head has that click that goes „oh%“ b/c someone has this(sp) energy I mean what sorts of things do you find yourself wanting to do that you normally wouldn,t do if you didn,t feel these unbelievable feelings? (zipping up anchor)

HER: I mean when you have that sexual attraction you

start to think that this person would be fun to make out with and you start to think about that person a lot.

ME: dirty girl bad girl

HER: giggles

We fluff talk for a little and I tell her a couple stories. Then I say

ME: So getting back to the visualization part I told you about. So you probably remember the experience of having these butterflies and you have that click in your head that goes „oh when your intrigued by this person b/c you know that they have a certain energy about them I mean when you have that and you find yourself thinking about what it would be like to make out with this person a lot? (zipping up anchor)

HER: yea

ME: I mean if you were to GIVE a color to that experience what would that be?

HER: Definitely like a red Σ b/c I get flushed all over.

ME: now if you were to give this experience a shape or symbol what come to mind?

HER: hm..

ME: It could be a triangle, it could be a circle; whatever shape you associate with that experience.

Her: A ball

ME: So you could probably visualize this red ball?

HER: yea

ME: you could probably see that?

HER: yea

ME: How big is it?

HER: small

ME: is it heavy?

HER: NO, its very light it made out of energy

ME: Cool. I want you to NOTICE if you were to BREATHE in how this ball of energy becomes bigger. And as you breath out it becomes smaller. Breath in it becomes bigger breath out it becomes smaller (Guys, pay attention right here. I am doing something very powerful). Now what I want you to do is look at the ball of energy, but FOCUS in on these butterflies and as you just keep looking at the ball of energy and FOCUSING in on these butterflies you might even NOTICE how the closer the ball energy becomes, the more intense you BEGIN TO FEEL these butterflies in your stomach and the more you FEEL these butterflies in your stomach the more you FIND yourself becoming flush. And the more you FIND yourself becoming flush the more you BEGIN TO THINK what it would be like to make out with this guy. And the more you THINK about this. The more you can FOCUS in on this yearning to FEEL even more intense butterflies in your stomach. And all you have to do to ALLOW this to happen is TAKE a deep breath. And NOTICE what its like as these butterflies intensify as the ball moves closer to you.

HER: That,s really cool. I can definitely feel the butterfly thing

ME: Cool you like that don,t you?

HER: yea

ME: Now NOTICE what its like as you. LOOK AT the ball and TUNE into these butterflies. And NOTICE how the more you BEGIN TO TUNE IN to these butterflies the more you BEGIN TO THINK ABOUT what it would be like to make out with this(sp) person. And the more you THINK ABOUT this the more you can FOCUS. IN on this anticipation to FEEL even more intense butterflies. And all you have to do to ALLOW this to happen is TAKE a deep breath. And on release the ball moves closer to you

OK. Now if you FIND YOURSELF wondering what the next logical step would be to parlay this into a kiss close all you have do to FIND THIS OUT is SIGN UP FOR Ross, seminar and if your lucky he will show you how to parlay this into a kiss close.

Flaming Rose Pattern

So I came up with a way to do magic, without actually doing it. Meaning, instead of physically doing it, I have them hallucinate the whole damned thing. Believe it or not, it's really fun and it works. Especially if she is very visual, or at least has an imagination.

But it must be done within a certain context. Like the BJ pattern, you can't just say "Hey, you live right BELOW ME(sp), don't you?" It won't work, it must be done within the right frame, the right context. So, similarly, you can't just walk up to a woman and say, "I'm going to make you hallucinate a magic trick, here goes." If you want to do that, you'll have to perform actual, physical magic tricks.

So, here's a general sequence to follow.

1. Fluff talk
2. Rapport
3. Gather info
4. Introduce any of the following themes:

"I am a hypnotist"

"Dreams or lucid dreams"

"Different Places in the Mind"

"Enhanced Senses"

"Magic"

"What it's like to be a kid"

etc.

Usually what I'll do is after talking about what I do or dreams, or imagination or whatever, I'll bring back feelings of being a kid. I'll say something like:

Kingpin: Do you remember what it's like to be a kid? Do you remember what it FEELS like to be a kid?

Her: Yeah, sort of.

Kingpin: It's like magic, I know this magician who does this really cool trick to adults and makes them feel like they're kids again. you know I think most people forget what it's like to be a kid blah blah..

At this point I'll do something that I call "The Flaming Rose Demo." What this really is, is just a detailed description of a very cool trick that I came across, called "The Flaming Rose" by Kevin James. (No plug intended, sorry Riker) He has a video, if you want to see it performed, buy his video-if you can find it. Very difficult to get.

Anyway here's the effect Kevin James style:

A piece of paper is crumpled into a ball.

It dances up and down the magician's arm, then the spectator's arm.

It is then twisted into the shape of a rose and levitates.

As it floats, it is lit on fire, changes into a real rose and is given to the spectator as a souvenir.

The secret behind the trick is irrelevant.

Here is the modified Floating Rose, Kingpin style. I changed it slightly, because I didn't like the beginning of Kevin's version. I'm demonstrating the trick with my hands, SHE has to visualize it. She will do this if we have rapport and is not in a hurry.

Kingpin: (continuing from above) See, he'll take out a piece of paper

(motion with hands taking out a piece of paper).and just crumple it up into a little ball (pretend like I'm crumpling up the paper).and he'll say."hold out your hands like this" (I motion for her to hold out her hands in front of her).and he'll put the paper on your hand (I pretend I put the paper on her hands).and then he'll just look at it..and keep his hands over yours like this (I keep my hands over her hands, palm down.and slowly move them upward).and all of a sudden..the paper will slowly rise.into mid air..and for a few seconds you can see it hover just above your hand..and then he'll GRAB IT (I pretend I grab the paper really quick, like I'm snagging it in the air before it drops).and unfold it (I unfold it).and give it to you (I give her an invisible piece of paper) so you can see that there are no strings or anything attached to it..and then he'll take the piece of paper (take the paper back).and fold it into a shape of a rose (motion like you're folding it, twisting the body to make it narrow, and making the top part look like a rose).he does some weird twisting thing.and it totally looks like a rose.then he'll smell it, so the audience knows it's supposed to be a rose (I smell it).and give it to you to hold (I give it to her, she holds it).he'll light a match (I light an invisible match).and he'll take the paper back (I take the paper back from her).and bring the match to the paper.and light it.(light the paper) ssswwwoooooosshhhh!!!.(make a quick 'moving away' from motion with hands) the paper BURSTS INTO FLAMES and changes into a real rose that drops to the ground (I'll point to the ground)..he'll then pick it up (I pick it up)..and give it to you (give it to her)..and it really is real..see, notice how you can feel the velvet texture of the petals.and if you move it across your cheek you can feel the softness.and when you see it happen in front of your face.you just feel like a kid again.you're in that state of total wonder.total amazement.complete fascination.now the thing I wonder about is.what if you could combine.the freedom and wonder and curiosity of a child with the knowledge and power of an adult to make adult decisions...etc...

The more descriptive, the better. Now in her mind, you're magic.

ROSE DEMO

I gave her the imaginary Rose demonstration, asking her what color it was, then asking her if she was able to smell it (She did. Very responsive woman. She lit up when she smelled it.) Then I had her focus on the flower and attach a wonderful feeling to it. I had the rose grow bigger and smaller as she inhaled and exhaled respectively. "Notice how with each breath, those wonderful feelings grow stronger and stronger." Then fractionation. I pulled the flower away from her and asked her how it felt. I noticed her face went limp. Then I pulled it even farther away where she could not see it, and we agreed that this was not a good thing, so I gave it back to her and flattened my hand (just like Tom showed us to lock it in) ever so close to her solar plexus. "What if you could call up this feeling whenever you wanted to learn something." "My heart." she said and nodded yes with a big smile. "By the way, my name is Matt." She took my hand and told me her name.

I told her that I was an actor, and I was taught the Meisner Technique. She asked what that was. I told her that, in the Technique, you are taught to MAKE A CONNECTION, IMMEDIATELY, which allows you to CREATE A PLACE IN YOUR MIND where anything can be tried on, anything can be tried out.

1. Brief Overview

Ok, here it is. I will try to give a brief explanation, and then a longer more detailed description. I'll tell you what, this works. Big Time. used this before I heard of SS, but now while I am learning SS, I realize why it works. And I've used my SS knowledge to improve upon it.

The Scenario:

You are with a chick, you've SSed her (or maybe even you have not). You are getting ready to have sex. Her pants may still be on, they may be off. But you are close. Then BAM... late-stage pre-coitus Female Interruption Mechanism !!!!

Hence "The Final Frontier" - the last step(s) before having sex with her. She starts to have second thoughts. Maybe she was not SSed enough. Maybe you had to go get a condom, lock the door, answer the phone, whatever. Or maybe the fact that she is about to experience something so powerful, so big (couldn't

resist), that turned on all those fears and bullshit (who knows), and now she says she is "not sure".
AAAARRRRGGGGHHHH!!!!!!!

The Final Frontier (brief):

You basically tell her that you "understand". And that before this happens, she has to understand that you have certain Rules. (and here they are.)

- a. I always use a condom.
- b. This has to be something that you (the woman) want to do.
- c. This has to be something that you (the woman) will look back upon and be happy about.

I realize, that this is a reiteration of some other recommendations which have been posed for handling similar situations. But if you deliver these in this way, in this order, you will see incredible results.

2. Background.

I'm new to this stuff (3 months), but I have had my share of pre-SS successes. My difficulty has always been more in initial meetings, pickups, etc. BUT, the one area that I have had an uncanny success rate at, is that if I get a woman home (mine or hers), and I get at least one kiss, I end up sleeping with over 80% of them the first night. And these are (most of the time) the women who have been with few guys, or normally date for about 1-3 months (that's MONTHS) before sleeping with someone (must be RDon students). Now I am the type of guy who will not lie to some chick just to get into bed with her. And I cannot stand it if a woman gets all regretful the next day. I hate that. So, I have been very up-front with them, and basically tell them these "Rules". Why? Because, in all honesty, they are true (at least for me anyway). So I say these rules because I mean them. Honestly. And because of that they are delivered with *absolute sincerity*. And I have had women, who five minutes earlier said they cannot sleep with me (it's too soon, I don't know you enough, blah, blah, blah) hear these and literally grab me by my shirt and pull me on top of them. Or say "You are so damned charming, god, I want you right now". It's awesome.

I do not have "The Final Frontier" worked out as formal patterns per se. I basically just say these rules, but talk "around" (amongst would be a better way of putting it) them. But if you look at these Rules, they are LOADED with a perfect framework to set up a MASSIVE SS delivery vehicle. So let's pick these apart.

3. Setup.

She has just objected, stopped you, whatever. You start by agreeing with her (pacing). "I understand. Maybe we shouldn't be GETTING INCREDIBLY TURNED ON LIKE THIS. Besides, before we have sex (pre-sup), there is something that you should know (anticipation...). I have certain rules, certain things that must be true for THIS TO HAPPEN. NOW, WITH ME, these are important." OK, now see where this is leading? You have paced her. And you have her attention. And you have started to build a tension-and-release cycle. She is impressed that "hey this guy isn't just trying to get in my pants, he wants to discuss something". On the other hand, the more defensive chicks are thinking "Rules?! Who the hell is he, the GUY, to have Rules?!" So she is either impressed at your sensitivity, or, she is somewhat thrown off that the "man" supposedly has rules for HER getting to sleep with HIM!

4. Rule a. I always use a condom.

"My first rule is...I always use a condom. In this day and age, I just think that's a smart thing to do, and I always use one. So, WHEN WE HAVE SEX (or "make love"), I have to use one". (Again the exact wording is off the top of my head, but you are getting the point.) Now, what's going on here? First, you resolved the tension-release cycle for the most part. Also, if she was "worried" because she does not know you (or your sexual history) that well, you have put her at ease. She does not have to ask a million questions about your former partners (all those lucky women). She does not have to worry if you have a condom or not (because you do - RIGHT!?). Plus, if she was going to use the condom issue as an "excuse", you have just smashed that.

One word here. If she gets pissed, if she does NOT want you to use one. RUN. Get the hell out. Don't be a dumbass.

5. Rule b. This has to be something that you want to do.

Now it gets good.

"Another thing that is important for me is that this has to be something that YOU WANT TO HAVE HAPPEN. This has to be SOMETHING THAT YOU WANT DO TO. You have to WANT TO HAVE SEX WITH ME. I know some guys will say or do anything just to be with someone like you. It's not up to me to convince you. Only you can CONVINCED YOURSELF that THIS IS WHAT YOU WANT. NOW, WITH

ME, I could maybe think of the perfect thing to say, or touch you or move you in the perfect way, that might CHANGE YOUR MIND. But only you are the one that can CHANGE YOUR MIND in a way so that THIS IS WHAT YOU WANT."

..or something like that. Get it? The cool thing about this is, at least for me, I have always been able to say this sort of thing because I really mean it. Now of course, the version above is now loaded with commands, but hey, I'm a changed man (thanks Ross). The key to this is that YOU believe, that for her, being with you is a fantastic opportunity. Once you believe that, your attitude becomes, "hey, if she does not want me (especially at this stage) fine". There are others.

This Rule also helps to dispel a lot of the bullshit games that chicks will play. Wanting to play hard to get. (yeah, right, even after their bra is off, and they are writhing in pleasure, yeah sure...). Some chicks will object at late stages so that YOU just work harder (or so that you go down on them a LONG time before they "agree"). Some are just teasing you (maybe with the intention of NEVER "allowing" you in their pants).

Some are really objecting and saying NO. Fine. The problem with all this is that guys are supposed to be freakin mind-readers and KNOW what this

"objection" means? Bullshit. Call her on it. In one way you are saying that "hey, if you don't want me, fine". On the other hand you are saying "I want you to really want this to happen, I would not want you to do something against your will".

So it dispels bullshit. It allows you to be an ethical guy. And you can THROW A SHITLOAD OF COMMANDS AT THEM WHILE DOING IT!!!

6. Rule c. This has to be something that you will look back upon and be happy about.

Oh, it gets better.

"My last rule is this. After we have sex, I want you to look back on it and be glad it happened. I want you to wake up tomorrow, and have a huge smile on your face, because you just feel so wonderful, so content, so satisfied, that you are glad that we made love. Have you ever been with someone, and it was so great, that you just could not keep the smile off your face the next day? Almost that it was so good, that you want to tell your friends, but you are almost embarrassed about it because you enjoyed it so much? You see, for me, I do not want to be a part of anything that you would regret later. This has to be something that you will look back upon and be happy about. That is very important to me because I want to be a part of a good decision you have made, a good memory, a good experience, with me, that is really important."

OK. Now a lot of times, when you talk about that "embarrassed to tell your friends" bit, they will be grinning or blushing. If that happens, she's yours. Now I realize the languaging above is a little rough (because as I said, I have not evolved it into a formalized pattern, just a delivery vehicle of sorts). But... Can you see the power of this? You are specifically time distorting her into having already decided to have sex, and looking back on it as being "a good memory". Get it?

7. Now aren't you just a stand-up guy?

The coolest thing about all of this is that, unless you were a total dick or something, you would really believe in these points anyway. They are probably true. And the sincere delivery works wonders. Now, isn't she lucky to have met such a stand-up guy?

Warmth Builder

Hold the babe's hand with her palm UP.

Put your index finger in the center of her palm, and tell her to focus on the warmth in that spot your finger is on.

Then tell her to imagine a shape (any shape she wants and she is not to tell you what shape she chooses) **

Have her give that shape a color. (It's okay if you know what color she chooses) Next tell her imagine that shape is sloooowly....riiising....up from that spot of warmth. (raise you index finger up to prompt her to raise her shape)

Tell her it is floating...rotating...around...and with each rotation...it gets warmer...and warmer...and warmer,

Then tell her to slooowly let that shape sink back down into the spot it rose from.

Next tell her to feel the warmth, as it travels UP from her hand...to her wrist...and it stops in that spot where the arm bends. (Your index finger will be tracing the movement)

While it is stopped here, invite her to notice how much warmer it became as it moved to this spot.

Then have it start moving again, this time travelling up and stopping on her shoulder. (you are still tracing the movement)

Invite her to notice how that warmth is now even stronger...and more fulfilling.

Continue moving and stopping at her "charm" zone (that's the area where a charm on a necklace would be resting)

Again invite her to notice how even warmer and more fulfilling it continues to get.

The move and stop on her "heart" zone (Stop tracing it from this point, as it might be too intrusive to her)

Again inviting her to notice the growing warmth and fulfillment.

Then move it down to her solar plexus (And here use EXACTLY this wording, "And notice how that warmth seems to double...maybe even triple in intensity...as if the core of all that warmth...all that fulfillment..came from...right...in...here." Then poke her solar plexus to anchor it!)

Then tell her to continue moving that incredibly warm and fulfilling shape down (and tell her something like, "Continue this movement, even though you think you might explode...with enjoyment.")

Then swoop your hand BY her crotch, at an angle, and say, "And just let all of this flow right out and through you." (Make sure you do NOT stop your hand by her crotch, because it's too blatant. Instead, move your hand BY her crotch, at an angle, and over her right or left leg)

And then SHUT UP and let the first words be out of HER mouth, so you know what result you got and where you might need to take the sarge from this point!

** It's important that you DO NOT make her tell you what shape she chose, because it becomes more personal when she does not have to share it.

Remember, if it goes as designed, that shape is now her symbol for orgasmic pleasure. The mere thought of that shape from this point on will give her pleasure, because it is a personal anchor for her. Keep in mind, if AFTER you've done the "Warmth Builder" (and gotten a favorable result) she tells you what shape she chose, that's a great sign that she is having sensual thoughts with you in mind. (It's like a woman showing you where her clit is, she tells you because she wants you to use the information!)

Theory

Start

Here's what would do if I were starting out again.

1. Memorize a handful a patterns that resonate with me. Personally I like DC, fascination, nat'l vs. cuturally programmed, a variation on blammo, and a few others. I would also collect a few good jokes and a few good poems.
2. Practice these patterns (and jokes/poems) IN STATE. Practice riffing on them. Practice introducing them in different ways. Practice the pieces in different orders. Also practice the linguistic tools (e.g. weasel phrases)
3. Forget about the patterns when sarging. Instead focus on asking good, quality questions and listening to the answers.
4. If in the process of talking to a woman one of the paterns pops in your mind as appropriate the, and only then, go ahead and use it. For example, one time I was sarging a gal and she ask me what I was looking for in a relationship. I just gave her the DC pattern. Because she had asked a question, her response potential was much greater and the pattern was signifiantly more effective.

Finally, this is only my opinion, but a lot of newbies seem to get stuck on IC. I think because it's easy and we all believe it will work. But, unless you are looking to form a strong emotional connection with a woman I would stay away from it until you have developed several ways of sarging without using IC. It just seems to become a crutch for a lot of guys. Also, some women are just looking to get laid. IC just isn't very effective on them.

Four Levels of the women's mind

level one:

The place where she keeps her "to do" list. Things she must get done, like doing the laundry or going to the grocery store. Stuff that she basically needs to get out of the way.

level two:

The place where she keeps her social programming, like what would be appropriate to wear to work, or what kind of boyfriend her friends would approve of.

level three:

The place where she keeps her own programming. Her own habits and opinions. The place where she keeps her "knee jerk" responses.

level four:

The place you want to guide her to. This is the place where anything is possible, where she keeps her deepest desires, most closely held fantasies... her dreams, inspirations and aspirations... In this place of the mind, she is off of autopilot and in a place where she is much more suggestible because it's a different place for her to be, especially with a guy.

Becoming Uninsultible

Mirror the reaction nonverbally. And put words back if you can.

Pattern Construction

EX.: How fantasies create a life of their own.

Ask yourself :
Where does it happen
how quickly does it happen
how intensely does it happen
what triggers it
the perspective you bring to it
what does it lead to next.

THE MORE EVOCATIVE* YOUR LANGUAGE IS EVEN WHEN YOU THINK IT FOR YOURSELF THE MORE POWERFUL YOUR DESCRIPTIONS THE MORE REAL THEY BECOME!!

*an etwas erinnern, beziehungsreich
What is interesting about fantasies
They take a life of their own
(How does that happen)
What else is interesting about fantasies?
How fantasies become more and more powerful before you deny yourself.

What is interesting to me about this. How does that happen.

We live a world of infinite possibilities.

Nervousness

If you are nervous instead of paying attention to your internal dialogue focus attention on your breathing.

Negation

tool to create challenges.

Take away

Take the deal away

Contrary Principle

(x+y similar but different)

Have you ever thought about the difference between looking and truly seeing.

(then describe briefly x more extensively y)

Looking is the physiological process of light reflecting of an object entering your eye and the image being send to the brain where it is interpreted.

But seeing truly seeing is when you look past the surface and see sth. deeper, see sth. that touches, resonates deep inside sth. that allows you to feel an unbelievable connection- Sometimes to the point where you can just stop imagining a time in the future say years from now still feeling this incredible connection looking back on this moment as being the start of it. Could you be...

State

Rocky Bullwinkle oä

Ausgedehntes WOOOOOWWWW

Brummen: MMMMMHHHHHHHHHHHHHHHH

Let's have some fun

Tennis ball

Take a nervous feeling in your body and put it three feet away. Backslap them away strongly away like a tennisball.

Four Doorways

01. Emotional connections
02. Visualising (sex, phantasies)
03. body sensatios (heart pounding)
04. Asking questions that require to access the core level of her identity.

Magic Word

4 Magic words you can transition from one topic to the other.

It's just like when

It's just like whe you see a beautiful sunset and the sunset has a few imperfections and you don't see that they fade away and all you see is the beauty in front of you overwhelming you.

Transition

from IC to

it's just like

IC to BJ

the other interesting thing

The Beliefs and Cognitions

As I have been promising, I want to do a review of some of the main lessons we hammered on in Atlanta. This will by no means be exhaustive, and if you want the full impact, the ONLY way to do that is to come to a seminar. We have two SS seminars remaining this year:

One point I hammered on heavily is that for the tools to work, you have to have the understandings about women and people that power the tools, as well as certain ideas about yourself.

You see, beliefs can do many things.

1. Beliefs can open or close flows of energy
2. Beliefs can open or close awareness and perception
3. Beliefs can open or close access to skills and talents
4. Beliefs finally tend to confirm themselves, and bring about those circumstances, conditions and people that "prove" them true.

I used the illustration of a student who told me that he was doing very well with the material. He chatted up a VERY hot woman..someone who prior to SS he wouldn't have even dared talked to...got GREAT responses, and number closed her.

2 days later, when he went to call her, he couldn't find the number! He

even went dumpster diving to see if he could find it in his trash, and then, he said, "his old self came back". He could feel his energy/belief crashing completely and we went back to being depressed, suplicating, etc.

His "old self" was organized around a belief: I just can't succeed with women. That old self carried a whole cluster of behaviors/energy/emotions and ideas along with it.

So..what are the "beliefs" that power Speed Seduction?

Again, I am not going to give away the store here. But let me start with this:

In the realm of physical law, there are real limits to what we can do. But when it comes to moving human emotion, imagination and behavior, there is virtually no limit to what you can get people to experience and do, and the degree of your "attractiveness" to others is greater than even your wildest dreams. IF you can master 4 skills:

1. Controlling your energy/state/awareness and intent.

2. Evoking and eliciting other people's processes and structures and capturing and leading their imagination and emotions.

3. Establishing your authority in THEIR world.

4. Being able to recognize and deal with people's auto-pilot responses and making sure to be aware of and keep away from your own auto-pilot responses that DO NOT SERVE YOU and to train in the ones that do! (auto-pilot responses can be socially-culturally conditioned in).

If you can master those 4 skills, your "attractiveness" is something that will be way beyond anything you have yet explored.

Here is a belief that flows from this, no matter where you are at with SS; whether you are a Rick H. banging 5 hot women at once, or a beginner struggling to get his first phone number:

"I have yet to explore the full extent to which my attractiveness can manifest"

As far as proof that beliefs can open up or close access to perceptions, awareness, energy, behavior... try repeating that sentence out loud 3-4 times and see how your energy and attitude and sense of possibility shifts and changes.

Other Key Cognitions:

Cognitions can be ideas about what moves other people, how they work and they can also be ideas that express how you view yourself, what you will and won't do, etc.

1. Most women are good people, who love sex, but many of them are running on auto-pilot most of the time, and some of them believe, in certain contexts, that they have license to be cunts. (E.g. the club-queen/bitch might actually be very nice if approached in a different context...say a line at a coffee place or elsewhere. Her behavior is contextually related)

2. (I owe the essence of this to Riker) It is safe to assume there is a part of her somewhere that WANTS to do what you want her to do, but it is very unlikely there is a part of her that wants to do what you TELL her to do or a part of her that wants to verbally explicitly AGREE to sexual activity, at least not the first time you get together).

3. They can do whatever they want: ***I*** control where my energy goes.

4. Anything they give me is just a toy for me to play with.

5. Anything they give me is just information I can use.

6. In any interaction between two people, SOMEONE is going to wind up setting the intent and the frame. If ***I** don't do it, it will be left up to chance or whomever has the stronger will. Therefore, ***I** will set it and keep it.

7. I never take a woman's first responses to me as written in stone; as being the written in stone, forever "truth". I only take it as a reflection of what she might be thinking, feeling or believing IN THAT CONTEXT, IN THAT MOMENT.

8. Her first responses may even have nothing to do with me; they may be reflections of past pain/ past bad experiences.

9. Her first responses may not even have to do with her past; they may be totally based on the environmental or emotional context in which she finds herself.

10. It is important for me to create a permanent sense of attractiveness; this might vary a bit from day to day-we all have "bad hair days", sickness, fatigue, great life stresses, but fundamentally it is always there, and it is NOT based on the responses I get from them, but rather on my sense of self-control; my ability to control my awareness, energy, intent and state, because I know this kind of self-control is something everyone, men and women, unconsciously sense and are drawn to. THIS ALWAYS REMAINS UNDER MY CONTROL and is never up to any woman or women's opinions. It is MY responsibility, MY authority, MY POWER.

11. There is NO limit to my attractiveness if I can master the 4 skills I mentioned above. I can't control my genetic "gifts" by I CAN work daily on these 4 skills.

12. I am not here to perform for HER. SHE must perform for ME and demonstrate compliance, willingness, curiosity, giving, etc.

13. You really don't have to do that much with a normal, healthy woman. You don't have to zap them into deep trance or send them soaring into space. You just need to bring out what is there in the right frame/context, anchor it, amplify it and use it to close.

14. Be aware and alert for heat AND comfort. Create a balance between these two.

15. The "canned" patterns work best when they get a woman talking. Talking is NOT "interrupting". It is HER way of re-enacting/re-vivifying those feelings and states. When she talks, she is offering you high quality information as well as displaying states you can anchor!

16. GATHERING INFORMATION AND NOTICING RESPONSES IS A HUGE PART OF SS SUCCESS.

17. 4 main stages of ss:

1. Approach/get attention
2. engaging them..drawing them out, exciting their further interest, building reasons/motivation for them to want to talk to you further.
3. Awakening: stimulating their deeper processes, structures, emotions, feelings, imagination.
4. Amplifying: getting them ready for action through amplifying tools.
5. Close...or shall we say "Open" them for sexual activity.

18. Always be aware/alert for a "close" opportunity: test early for receptivity to physical touch, kissing, etc.

Alright..that is it..FOR starters. I realize the implications of all this are yet to be explored for most of you, but trust me as I tell you, they are PROFOUND. You will have to come to a seminar to "put the meat on the bones" so to speak.

Not speaking in the ongoing tense

I am going to feel entirely confident when I talk to any HB'<---now, I know previously, some persons claim that this is an ideal use of self talk;

but why not use what I call the "ongoing tense", which is much more powerful. Why not say a phrase like 'Damn, I've already seduced at least 10 HB's this week...nothing can stop me from seducing at least 3 more by tomorrow'<-- saying something like this...at first, the brain is going to say 'who is the guy trying to fool?' he hasn't already seduced at least 10

HB's!

The secret is...when you say this phrase...say it with utmost meaning..and actually believe what you are saying..it is best to say it out loud. Say it in a half-cocky manner to yourself as though another chick would be nothing to seduce. After a while of saying this to your mind, your brain is going to say 'I guess he has seduced 10 HB's after all then.' If you really say it with UTMOST meaning then you're definitely going to feel a change in your demeanor towards HB'S and females in general.

IMPORTANT:-YOU ARE WHAT IS FED TO YOUR MIND

Topics

Reservations are expressed sometimes, esp. by newbies, that SS languaging can come across as *unnatural*; many newbies worry about "getting caught"...

An easy way to work "languaging" into conversation more naturally is to embed patterns, themes or process language within conversational TOPICS. *Topics* carry your messages in a far more subtle way while providing greater opportunity to gauge responsiveness as you calibrate your style to more perfectly fit her inner world model. *Topics* are especially useful when meeting someone new. Also, working with topics increase rapport and lets you elicit and clarify values more openly.

If she's a real state agent, for example, embed the IC pattern into the topic of her experience at work: "Gee, it must really be something after so much looking and looking at all these things that you don't want when suddenly you find you're looking at something right in front of you and realizing it could be the one thing you want, and I don't know exactly what it's like for you, but do you get a thought in your head, like, wow, yeah, this, this right here is unbelievably just the best, most perr-fect one and maybe you see a really nice easy instant connection? Like right here?" (indicate her heart area and link to Y-C-4 -).

Maybe her favorite animals are dogs? What does she find so compelling and how can you talk about and expand on those traits while using pattern language and linking it back to yourself (and her)? "...and what about puppies? When you look at a puppy and you see that incredible pure and unconditional love in their eyes and their little hearts are bursting with energy and love - like you just want to scoop them up and grab them to your heart and hold them close to you forever. With me, it's so true that that kind of connection with another living being is the most compelling feeling you can have. Right now, like you just feel so safe and secure and doesn't it make you want to hold that little one so close to you?..."

Your perfect vacation? "...and then, when, at last, after all that traveling you realize you've gotten to your tropical paradise you look out the window, and what's the first thing you notice feeling? Like you're totally comfortable here in this place and in this time and now your mind is just thinking about how you can finally go and PLAY and experience those adventures and freedoms that you've only dreamed of. And if you were with somebody here, a man who's special, isn't that the time when you really feel incredibly connected, to me, it's the best thing you can experience, right? That incredible, special happiness you feel growing between you; like suddenly there's all this physical energy inside and you feel like if you don't get out, you're gonna burst..."

Bringing up favorite topics, engages her automatically in the discussion and you. Her favorite topics are natural springboards to descriptive patterns and process language.

As a starting point for talking bring up anything in the immediate surroundings (or use some intuition to decide what her mental/emotional state must be). You can start the conversation without appearing to be hitting* on her. "Does it seem hot to you today? When it's this hot, isn't you feel like you're insides are running at a higher temperature. know a girl who says that when it gets this hot all she wants to do is id a cuddly man to go home with and jump into the shower or a nice cool pool of water and just feel that instant relief..."

Or "When I'm waiting in line at the post office, it's like time has no meaning. 10 minutes can seem like an hour or an hour can just disappear like it was nothing. Either way, I find it's always better to talk and connect with someone new and interesting. But that's just with me, you know, because the average person doesn't find it's always easy to connect. With me, I have an intuition that you're a little smarter and more self-confident than the average person. Am I close?"

You can embed TONS of process language in any topic at hand. Of course, there is a time for direct process language and patterns, but, especially starting out, pick a topic she wants to consider and half of your job is already handled. Her fascination grows easily and you won't be caught* *doing* anything - less resistance on her part and you come off so much more fascinating...

few among unlimited TOPICS Favorite animals Travel/Adventure Eating Out /Eating peaches. Vampire love Vacations/Peak experiences Movies or books Recreational activities Childhood clandestine love affairs...

Pattern Construction

Learning to create patterns "on the fly" in 2 easy lessons:

1) If you have the basic tapeset, you should also have the blue flashcards that came with that set. If you don't, order them from Yates. They contain weasel phrases, trance words, and I think some embedded commands. work with a partner if you can, although it is not necessary. Now pick any topic at all, doing laundry, football, the Asian financial crisis, whatever, and throw the first card down. The object is to incorporate that weasel phrase or trance word into the topic you are discussing, once you have, go on to the next card, and continue until you have gone through the deck, then do it again, you may change the topic at ANY time as necessary to go from card to card, free associate and free yourself from the confinement of "having to make sense". Do Not simply read the cards one after another, the object is to learn to flow smoothly from one card to the next, use as many words as is necessary to do so, but if you can keep it brief and have it flow smoothly, that is best.

2)

Concentrate on themes. There are many themes that are of interest to women, if you shut up long enough, the woman you are interested in may tell you her favorite theme. There are some that are particularly conducive to sarging however, and from time to time they have been posted to this list. I have compiled a list of themes, though I can't give credit to who the original poster of the theme was, my apologies. The object here is to use the Theme as the topic and again Do The exercise above. Practice with different themes until you can fluidly go from card to card and still remain within the theme you are discussing.

If you are interested in Constructing and Memorizing your own patterns instead of creating patterns on the fly, you can utilize this as a foundation to do so. I strongly recommend the Masters Weekend Tape series if you want to create powerful patterns. The learnings contained within those tapes will give you clues to the minds of women you will simply not find anywhere else.

Here is a list of Compiled themes:

It is my hope that posting this list, assembled from several previous posts, and with special thanks to Ross, HalbMike and John s.(and others whose Ideas I stole for this post) will help answer many of the questions brothers have about themes, spark conversation of new themes (which you may find yourself sending to me) and possibly even inspire Sage to add a new page to the SS tool resource, devoted to themes:

Connections

(How we connect with... each other our ability to fantasize, daydream, imagine different places in our mind)

Moments of Surrender

Sometimes what seems like surrender isn't surrender at all. It's about what's going on in our hearts. About seeing clearly the way life is and accepting it and being true to it, whatever the pain, because the pain of not being true to it is far, far greater

Indulgence of any sort

Awakenings

Fantasies

Interesting how people connect with their... how they are pictured in a special place in your mind... how they can take on a life of their own

Stepping aside consciously

Things that give pleasure

Daydreams

Conscious/ Unconscious thoughts

Challenges

Rules of the "provider" and "adventurer"

Chivalry

The simple act of calling a woman Lady Susan ... well, it's a good thing.

Romance

Anticipation – noticing how anticipating something you really want ramps up your state.

Compulsions – acting on good feelings without conscience thought.

Living for the moment
putting aside thoughts of consequence, instead looking ahead
to the good things that could happen.

Vacations – feeling really good without a care in the world.

Peak experiences – times of intense emotion.

Time – Regression to when you were young.

Love

Describing the act of making love using the metaphor of something else like say, a roller coaster ride. Or the act of oral sex using the metaphor of eating, etc. personal THEMES - themes which have personal, experiential, emotional import for yourself and that are natural metaphors for male/female connections.

Personal Defining moments –

Times in your life that may have shaped who you are

UNIQUE and UNUSUAL events in your life

Especially if

- 1) They are exciting
- 2) educational (but not highly intellectual)
- 3) Humorous
- 4) an experience that others dream about or can identify with (i.e. meeting a celebrity,
- 5) childhood stories that age regress people 6)

entertaining. The stories should be about things that can happen to anyone, but usually don't. Don't look for stories where you are bragging or telling something unusual that might make you seem weird or show much about your opinions. It is just here is something that happened to me that was a change from the usual daily events.

Themes

a person who is a flirt / a person who is a lecher
anticipation / compulsion
daydreams fantasies
fascination intrigue
feeling for someone / connecting with someone
hearing / listening
learning a new skill/utilizing a new skill
looking / truly seeing
love / attraction love / lust
ordinary / extraordinary
passion / excitement
passion / horniness
pleasure / comfort
pleasure twinges/ pleasure sensations

reacting / responding
reality / fantasy
reciting / revealing
sensual / sexual
sex / making love
something you dream about / something you will do
something you wish for / something you pursue
style / substance
submission / surrender
thoughts that are fleeting / thoughts that are recurring
thoughts that engage emotion/ thoughts that engage intellect

Mindset

Anything is possible and sth. Wonderful is going to happen.

She names three qualities and you anchor them to your fingers with your thumb, then you move your thumb over your mouth.

ON BUILDING MOMENTUM by Marco

I started a few months ago. Maybe around early March. After the 9/11 disaster, a cascade of events dominoed around me, bringing all my sarges to a screeching halt by December. I was so mentally frozen, no matter what I tried, I could NOT get myself to do walkups, but more importantly, I wasn't making sarging any priority. Sure, I'd play with targets here and there, because you feel as a PUA that you "should" be doing something, plus you get horny. But it was all few and far between.

Of the few targets that I managed to seduce, it was all automatic pilot, just from all the work I've done on myself previously and the wisdom I've gleaned from the brothers here. If you pay attention, you still can't help but get a LITTLE better!

Anyway, I started mentally thawing myself out of the crisis mode and decided to take matters into my own hands again. Almost without fail, this is when I will actually make a change on myself.

So I decided that instead of beating up on myself, I would start chunking smaller. The goal for most guys is start a convo with a girl, pull her into the nearest coffee shop and three hours later, have her on your bed as you bang her brains out.

ok.. I'm not there yet. so forget that. but I did a couple of things.

I began with the frame first and foremost, "master yourself".

For me, that meant doing the things I USED to do. I went back to Tony Robbins, back to feeding my brain with inspiration and focus on myself and my happiness.

I started doing old routines i used to control my thoughts and create habits which made me happy. I began focusing on my life in 5 major areas: mind, physical, financial, relationships, and admin. i began planning each week and made a few goals and action items in each area.

Long story short, i got myself into a few small businesses that i like, started to do hardcore selling, which i like. i was happier because i was focusing on ALL the things important in my life, so a weakness in sarging wasnt that big a deal anymore. wow, what a concept!

I gave myself time.

I broke down steps of a walkup and started the remedial actions of a newbie. "Hi, can u tell me what time it is?" I left my watch at home, like Hypno Bill says. I did this a couple times a week, then, everyday, then a couple times a day.

Every small step, i would GREATLY encourage myself and of course, for those of u who know my learning strategies, i would mentally rehearse where i want to be eventually and FEEL the positive success that comes from the actions im taking NOW.

I gave myself more time.

I got comfortable with a compliment here, a neg there, and meanwhile, im selling retail managers on a poster they've never seen before. Im talking more and im making sure NOT to get into the trap of "I have to get this girl's number".

I would simply focus ALL my attention on getting into better and better states, more and more of the day... man, did this pay off!!!

After building on this type of momentum for the last couple of months, i dont even realize sometimes that im doing walkups again on 3-4 girls at a time, all HB9s. Im getting numbers from girls who tell me "im married" or "i have a boyfriend." lol and im like, whatever.

Im playing around with concepts like HONESTY in the sarge, to create more congruency. which means, i RARELY pattern at all, until the first official get together. it means, i fluff, joke around, be myself but while keeping the right attitude.

Im playing around with concepts like SAFETY where i will do a walkup. ok, we've established im an aggressive alpha male, now i need to prove to them that i am someone safe, so they can relax around me. Once i do that, there really is not much resistance. Again, all fluff and humor. Why? Because I am the frame!

Ok, now that u know where im coming from, on to the approach.

Im posting this cuz, Vinigarr asked me to. I have a lot of other ones i thought were MORE fun and creative, but im gonna write about this one first, and if i get the chance, write about the others later.

THE APPROACH

Me and Ben (guy who lives up in the mountains and likes to sneak up on people) go street sarging and enter Barnes and Noble. Its around 9:15pm in union square.

I leave him in the lobby and go up to the coffee shop to rest and check out the scene and see a girl with a cute, short white skirt and black top. elegant and hard body. nice.

There are two empty seats between her and and guy on her opposite side so i go in between and walkup to the guy "is this seat taken, are these books urs?" I use my booming voice to get noticed a little and get myself going (from JJ).

I sit down and see she is wrapped over a document, with pen in hand, "are u writing a college paper or are u grading it? u must be a scholar, right?"

She is an editor and we fluff a couple of seconds about how she likes it, how long she's been working, etc. basic, right? RIGHT!

So i start, "hey, i need some practice, can i get some of ur handwriting on paper?" i explain i started learning HW analysis from a friend and pull out a paper, since of course, she was having a pleasant break and agreed with me.

I do my thing (again, almost no patterns) and i get an opinion, "i heard from somewhere that the first thing will notice about a guy, is his shoes, is that true?"

more fluff, and she mentions, "my boyfriend gets up, takes a shit and grabs whatever's in the closet.. i

dont care that much". i dont react, of course and do a quick, "show me ur palm for a second?" as i put my palm upward in demonstration and she does. i brush it very briefly and explain the lines and the whole point was to get slight kino.

shes into the convo at this point and continues, "so what do u do?"

ME: im in real estate finance and its okay. im not exactly happy with it, since i knew what i was getting into but more and more i realize i dont really want to be in corporate america. ive learned SO many new things and expanded my interest over the last year or two that when i get back to work, i realize there are all these things id rather do.

Melissa: like what?

ME: have u heard of nlp or hypnosis or tantra?

Melissa: whats nlp?

ME: oh, thats neuro lingistic programming. i mean, its fascinating because, suddenly u realize there really IS a users manual for ur brain and there are definite patterns to how the brain works and how to change. So u can see, this is how u get from point A. to point B. when u want to change a belief and of course, i never knew that! its amazing becuase ive been able to learn about people and how they think and do all the things they do and of course, ive learned alot about myself. its what makes me different and lets me talk comfortably with strangers like u.

Melissa: lol well, i needed a break!

ME: and tantra... how surprised would u be to find out that tantra is all about how to harness the power of taboo!

Melissa: really? (incredulous)

ME: think of it this way.. (from major mark baby) if uve done something illegal... have u ever?? i mean, u evern done something really bad or u knew u shouldnt have but afterwards u just felt "oohhh, what a rush!" and it was exciting, right?

Melissa: <nodding her head>

ME: well, just imagine what it would be like if suddenly u broke ALL taboos of society and ALL at the

same time... what would that be like? now, u do THAT with someone and BOOM <snap fingers> u get hooked! and thats where u enter this new real of sexuality and freedom of expression.

Melissa: wow, thats fascinating. <squinting eyes>

ok guys, that was the MOST patterning i did, and it was all very natural, as u can see. not all that exciting on paper, is it? but trust me, she was OUT and it was because this was something i believe in, was honest abot and found truly exciting for me. looked like a normal convo... and THATS what i was going for, just being me.

the security guard tells us its closing soon and we fluff more and as shes talking, im getting ready to leave.

ME: it was nice meeting u melissa.

Melissa: yeah, im gonna leave soon too, but i come here to work sometimes, so im around. do u work or read here too?

ME: not really, i read a lot, but usually at home and i go out a lot. but we should talk again.

Melissa: yeah

ME: so i have my cell phone here, do u have urs?

Melissa: <takes out the HW paper and writes down her cell number w/no hesitation>

ME: cool, then u can give me more tips on what girls critique guys on fashion. u have a decent fashion sense!

Melissa: lol sure, like maybe when ur on a date, right?

that was it. just fun and simple. gives u an idea of what im doing and where im coming from. i dont do anything very special, but what i DO is make sure i am in control of my mental states and exude honesty, safety and relaxed comfortableness with her and myself. of course, im just happy to be in the game again and having FUN. thats priority one for me, so when i do little things like this, i make sure to encourage and reinforce the right attitude, "adventure is FUN, talking to girls is FUN"

so far, i got about 8 targets in the last two weeks like this and they all have almost no resistance with meeting me again. yes, its BETTER than my previous responses.

also, i have two more beliefs i use, from hypno bill.

there are two questions PUA's ask themselves

Q1: will she find me attractive?

or

Q2: what about me can she find attractive?

guys, use the second one. lol combine that with the belief that women NATURALLY want sex and that u feel attractive and REHEARSE it visually in ur mind every day.

Thats how i got back on top. nuff said. :)

m ditty

ps yo gobierno, bebe

Here's what would do if I were starting out again.

Memorize a handful a patterns that resonate with me. Personally I like DC, fascination, nat'l vs. cuturally programmed, a variation on blammo, and a few others. I would also collect a few good jokes and a few good poems.

Practice these patterns (and jokes/poems) IN STATE. Practice riffing on them. Practice introducing them in different ways. Practice the pieces in different orders. Also practice the linguistic tools (e.g. weasel phrases) Forget about the patterns when sarging. Instead focus on asking good, quality questions and listening to the answers.

If in the process of talking to a woman one of the paterns pops in your mind as appropriate the, and only then, go ahead and use it. For example, one time I was sarging a gal and she ask me what I was looking for in a relationship. I just gave her the DC pattern. Because she had asked a question, her response potential was much greater and the pattern was signifiantly more effective.

Finally, this is only my opinion, but a lot of newbies seem to get stuck on IC. I think because it's easy and we all believe it will work. But, unless you are looking to form a strong emotional connection with a woman I would stay away from it until you have developed several ways of sarging without using IC. It just seems to become a crutch for a lot of guys. Also, some women are just looking to get laid. IC just isn't very effective on them.

Handwriting

Remember, that you are the expert here. You can artfully redefine the meaning of the cards to suit your outcome, they are looking to you for guidance... you don't have to omit the bad, just minimize it and redefine it. Also, be careful of doing this with a crowd of onlookers ... tell the others that you will do them... but you like to have a little space to "work". A handwriting analysis is a private thing ... adds to the mystique.

When you give the reading... make it like you are telling the girl valuable international secrets... literally. And if she wants to tell her friends what you said, she can. Later. See a stop sign doesn't mean to stop. A stop sign is just a cue

to BEGIN to look more carefully at your surroundings... a stop sign means to START the motion of putting your foot on the brakes, and look for pedestrians. Redefine. To suit your outcome.

Feelings feelings feelings. Notice how i didn't even use the words Jealousy or Fear, except for one time each, in the first sentence, just acknowledging what the card said. I even distanced myself from those words..."that's what THEY call fear of success". A bro once told me, do not even bring up an emotion or state that you don't want the other person to experience, because then they will... if you were to say " this says fear of success, and i can't imagine you feeling scared, or frightened, or even nervous and edgy about success" You have just fucked up bad.

Transition

immediately to good feelings ... I have told other brothers to just use the words feel, and feeling, and then describe those good feelings. You know how it feels to lay your head down on a nice cool down pillow mmmm, knowing that you don't have to go to work in the morning?

Frames

write down ALL the frames women normally have over men, that u can think of... and substitute YOURSELF as the person saying it first...and once ur done with that list, try to come up with some cocky variations of your own. An easy way to think of it, is "reverse psychology". so a list might start off --

lets be friends

guys just want to get into my pants.

guys only want me cuz of my looks and body

i dont sleep on the first date

oh, so are u trying to entice me?

i dont trust easily

i cant find a guy who excites me/can hold a good convo

i have rules before i sleep with a guy

i get bored with men quickly

most men cant handle me

im really picky

it takes me a long time to get into a serious

relationship

im not that easy

im really busy

call me back

iv had bad experiences in the past

guys stalk me

i dont feel comfortable

i dont know u well enough

are u a player?

ok... now... sprinkle these into ur sarges, ur emails, ur get togethers and phone convo... saying all the above BUTT substituing GUY for GIRLS and go ahead and use direct quotes like "im not that easy".

Once u start using it, u are essentially ROLE PLAYING

and feeling what its like to use a girls frame and get

a typical GUY response from a girl.... ull start to

internalize the frame... and pretty soon u'll start to

come up with some variations of ur own. THINK REVERSE

PSYCHOLOGY. after u have ur own variations, i would recommend

using more humor more. so when i write a girl "am i already too much for u tohandle?" she knows im being facetious, but the

meta-message is LOUD AND CLEAR. which is..as jerry first stated... YOU ARE THE PRIZE. now, whether its a craker jack carnival prize or a museum-sized DIAMOND is up to u.

Qualities versus Quantities

This is a good frame, or "Theme", for discussions with a women, that provides many ways to lead into it, and many ways to frame the discussion based upon what she feeds back.

After writing this, I have returned to add this section here. Wow, I have a renewed appreciation for Bishop, who takes the time to write up his experiences. This is a SUPER LONG post, but Ross has been on my case (!) to write this up for him, and I wanted to share it with everyone as well. This structure works, quite well. And instead of just being a "pattern", it provides a whole structure, a frame if you will, for discussions which can last quite a while. There are many ways to lead into it, many diversions you can take while roughly discussing things in and around this topic, which all provide great opportunities for other patterns and themes as well, with many embeds throughout. This may ramble a bit, especially the "pattern language" areas, but I just went with t off the top of my head, I do not have this developed into a canned "pattern". No need to. You'll see.

I originally thought about this when discussing the differences between the way that men think of women, which tends to be quantitative and measurable, and the way women think of men, which is more based upon Qualities, feelings, intuitions, etc.

The main structure of this is using the Contrast methods of developing a pattern. You contrast one thing vs. another. This provides a versatile structure, in that you can set this up as.....

A False Choice - where you discuss BOTH in ways that regardless of how she relates to it, either way is in your favor...

and/or

A Challenge Choice - where you describe one thing negatively, like most people do "A" which is wrong, or what shallow people do, or what little girls do, or what insecure people do, etc. ... but yet other people do "B", which is good, shows that she is secure, she is together, an adult, making her own choices, etc. And you frame "B" in a manner so that in order to prove it, she has to like YOU to do it.

Let me give a normal example or two.

I frequently will have women on the fone, ask me about what I am looking for. Now, I have already established (by meeting her already, or getting an online photo) that she IS attractive. But I want to crate a frame where I am the challenge, and want her (obviously) to realize that SHE can "make the cut" only if SHE is an interesting person as well.

So I will answer to the effect of...

""Well, I am looking for a lot of things, and the more that I meet people, the more experience I have, the closer I am to finding it. I think part of just experiencing life is to see what you like, what you don't, and developing the ability to know and trust yourself, and to trust that feeling that lets you know, that this is the kind of person that you will really enjoy.... in one way or another. I was talking to a friend about this the other day, about what people look for and what they see when they have met someone interesting. My friend Bridget and I were talking about how people have not yet learned how to trust that feeling that they have now which lets them know that this is someone that they will really like.

Part of the problem, I think, is that sometimes people look for the wrong things, I mean, have you ever thought about what people "look" for, when they meet someone new? How they sort of "size them up"? I think that a lot of people look for the wrong things. I mean, don't get me wrong, when you do meet someone, that physical attraction that you have, now with me, is an important thing to feel. Now though, I realize that there is a lot more. I think that many people have not learned the difference between seeing sort of, well, hm, like the Qualities in a person that they like, instead of focusing on things they can measure, like hm, like "Quantities, numbers of things I guess.

I mean, think about it. When you were young, in High School, can you remember how you described a "new guy" to your friends? What did you say? - things like - He is this tall, he weighs about this much, he has a car like this, etc etc. See, these are all things that you can see, measure, describe with numbers or a few words. And I think that when people (women) are young they focus on these things. Why? Because they maybe have not yet come into their own, developed that sense of themselves as a person, developed that intuition that lets them know that despite any numbers, despite what you can see, or describe, you just know that this is a guy that you really like, are really fascinated with.

See, when women are young I think that they want to go to their "clique" and be able to get a sort of "validation" about that "new guy". Is he OK? Will THEY really like this guy? Is he all right? Because they have not yet developed the ability to know what THEY want, know fully who they are now as an adult, and developed that sense of intuition where they KNOW that this IS the man that I want, now, and nothing else matters.

But I think a really interesting thing happens as a woman really grows into her own, becomes an adult.... and starts to know what SHE wants as her own person. She starts to be able to recognize the qualities of a person, those qualities in a relationship, that really let her know that this is right. You see, Qualities are more like feelings, that sense that you know this is right, you know that this person who you are talking to is someone you can see certain..things.... happening with. And it not really something you can measure, something you can see, but even so, it is something much more powerful much more moving, much more real, because it touches you and is felt by a part of your mind (mine) that does not need to be validation, does not care what your friends say or thing,

because within you is that true part of who you are that knows when it IS right.

I mean, I think when you really are an adult, and start to make adult choices for adult reasons (mmmokay), you KNOW when something is right. Now, its feeling a sense, that intuition that is speaking to you, that lets you know that not only is this what you want, but because you recognize and see, feel, and sense those qualities that you do value, you realize that this moves into being something that you don't just want, but something that as an adult, you now have the ability to make happen, make it true, for you, now, in your life.

STOP.

OK, well, that IS long - huh? The reason is that it is not a "pattern" per se...it is a Theme, that allows you to embed what you want and think of things conversationally. See the power and flexibility of think along THESE lines?

OK, back for more....

START AGAIN.....

The one thing I have seen, is that many women really do not develop this ability to recognize and trust their intuition, and recognize these qualities, until they have really matured. I mean, many younger women, remember, like I said in High School? Remember even your college friends? Think about how THEY described guys! But I think older women tend to not need for their (said with childish or mocking voice) *friends* to *say that this guy is ok*, because they have developed into being a Woman, and are not stuck being a little girl. That does tend to happen as a woman matures, but really, not for all. I know some women who are older who NEVER get it, and just complain about men constantly because they only go for what their think their friends will "say is ok". On the other hand, there are some, few, but some women, even as young as their early 20s, who are actually together enough, and have really come into their own enough, to be able to recognize these qualities in a person as you are talking to them. But that is pretty rare in younger women, and only the really together ones can do that now.

STOP.

Did you get that? See the challenge?

Some chicks want to get guys whose "specs" they can convey to other chicks, for validation. But that is not what "they" want, but they are too insecure to know it, or have not developed enough as an ADULT to know what THEY want. But some women are actually together enough to not care about that, because they trust their feelings, they do not need that external validation, and they only need to know that they see what they want in order for them to feel good about. And the challenge that you are setting up is - is SHE woman enough to make the adult choice? Any hesitation that you are too young, old, short, broke, whatever, can in a

way be interpreted as her acting like a kid, and not being an adult. The way for her to prove to herself, and you, that she is not a kid or shallow is to like YOU despite any negative "specs". Get it?

whew.

Now, this is field-tested. This is not theorizing. When you work with this Theme, you do not have to "remember patterns" per se, AND the things discussed within (above) the structure, are TRUE!

An additional power of this, is that there is SO much flexibility. You can weave in and out of other patterns throughout. Think of it.

Say that she complains about men at some point. You verify and say that you think "wow, I think that the problem is that men don't realize what to look for. I mean, yes you always want to be with someone that you find attractive (*see below) but you have to focus on more than just what you can "see" or "measure". Most men, in fact some women, well, especially a lot of younger or less mature or together women, make the same mistake. In fact, I was talking to a friend about this the other day, about what people are looking for, and what they recognize in another person..."

*Note, when doing this, if you are going to talk about "qualities" , always, always, say something like "yes you always want to be with someone that you find attractive". If you don't, you risk her interpreting that you ONLY look for qualities yourself, so if she is a fattie, she will think OH GOODY! HE WILL DO FATTIES! LOL. No, you are the man who says you want someone who IS attractive, but you want more than JUST that.

See? You have gone from her bitching about "some guy" to being into the Qual vs. Quan Frame.

I hope the hell this is making sense because my fingers are freegin killing me and I HATE TO TYPE!!!!!!

OK, another transition in, or back into the Q vs. Q frame...

Talk about a friend, a woman. Who has just turned like 28. And you and her were talking about what she wants, what she is looking for. And what she was realizing is that as she has become more comfortable with herself, really become her own woman as an adult, that she is looking and recognizing different things when she is thinking about hooking up (chick code word for boinking) a guy. And no, this is NOT about her "lowering her standards". Not at all. It's her getting to where she now is able to distinguish between what SHE wants, and what everyone else thinks she should have. For her, that became real when she started to recognize the difference between.....???????????

Get it?

Think about how you can use the "Connections" pattern, theme, etc, either before, during or after this QvsQ Theme.

"..... and I think, that when you recognize that what you really want are to see those qualities, feel those feelings, and know that YOU, the real you, feels this is right with this person, that's when you know that you have really found that incredible connection. I mean, have you ever.....FELT AN INSTANTANEOUS CONNECTION.... etc."

OK, another?

The interesting thing about it, when you see that this person really has all those qualities, and awakens all of those parts of yourself, is that as you are talking with him you start to become INCREDIBLY FASCINATED. I mean where you focus in..... etc etc etc

OK, on a roll.

And when you are at that place where you do not need that validation from others, where YOU know that THIS is right for you. now, with me, I think it happens because you are able to listen to that VOICE OF EXPERIENCE that you have, You know that voice that gives you (mmmokay...) really good advice. and, I have a voice like that.....

Or, the fact that PART of her looks at quantities, but another PART of her looks for qualities, opens up the "different parts of a person" frame, which is another whole area.

God, I hope this is making sense.

Guys, you can riff on this Theme for hours. Contrast 2 states, make the undesirable one (that means you don't get her) seem like her doing that proves she is a bitch, or shallow, or immature. Make the desirable part one where it shows that she is mature, together, knows herself and what she wants, and the best way to prove it, is to go after YOU

The March 31 NYCTSF Meeting

Part I. Summary

Part II. About Chunking (by Stevil)

Part III. Chunking Explained (by Marco)

Part IV. Partial Transcript

Attachment: PowerPoint slides

Part I. Summary

First of all, the meeting was 3 hours PACKED with high-quality hyper-learning for seduction material from Marco.

This section is an outline from my notes.

Major Points:

More is Better -- the Matrix metaphor for learning:

You're downloading all this information into your brain at a very fast pace. Some tools to help you do this -- the workbook routine, the list routine, mega-memory and imagestreaming exercises, incubation chambers (on-line chats, posting journals), assuming roles and using friends to extend

visualization. When you do this, it is important to keep steady rhythm -- periods of intensive learning (downloading of information) followed by periods of rest to allow your brain to make the connections.

Marco gives an example of playing the violin -- he would practice some really difficult piece non-stop for a while, then he would put it away for a day or two, and when he comes back to it, it just flows.

The first step to learning is to internalize the information that you're absorbing so it becomes working knowledge. Marco talks a lot about k-checks -- getting kinesthetic feedback while learning. Does this feel right? Do I feel comfortable with this? This is one strategy for internalization. Another is Vis x3 -- visualizing in three different contexts, or in three situations (past, present, future). Reading out loud and writing also helps internalize concepts. MEArkin notes that the physical act of writing something down triggers neurological pathways in the brain that would not otherwise be active, and helps strengthen synaptic connections.

The next step is to make the newly acquired knowledge real for yourself. In what context will I apply this? When will I do it? Assuming a role helps make it real -- you're not trying to be a seducer, you ARE one.

Marco puts himself in charge of the group

and that automatically forces him to assume the role of a leader -- he

KNOWS what to do and how to do it; quitting/slacking is not an option

all of a sudden. Talking to others about their situation and roleplaying gives you ideas for your PUs and relationships -- another way to make the knowledge real for yourself.

Chunking (NLP) is necessary for adjusting your internalized knowledge when you apply it in real situations. You can work on your particular problem laterally, or on a higher level (chunking up) or lower level (chunking down). On a higher level you can experiment with different concepts -- NLP and SS versus a DeAngelo approach for example, or things like rapport, humor, etc. On a lower level you can play with patterns and particular language structures -- what would happen if you switch some words, how would that affect behavior. This works in conjunction with a feedback mechanism (e.g. TOTE). Try something, adjust on various levels, try again. Eventually you'll cover the whole problem-space and you'll have a solution for your particular situation.

Some routines to help downloading all this information into your brain:

The Workbook routine.

Three or four times a week for a minimum of two weeks.

Step 1. Get the transcript book and the workbook from the BHSC.

Step 2. Find all the patterns and outline them.

Step 3. Read each pattern out loud.

Step 4. Visualize yourself in 3 contexts for each pattern (preferably with 3 different chucks that you're working with at the moment)

The objective is not to memorize all the patterns, but to practice being in the right state and getting used to this kind of language, as well as to practice tonality. As you do that, many small pieces and structures will find a natural place in your mind and you will find yourself using this kind of language in your everyday life.

The List routine. On weekends.

1. Step 1. Create a folder for everything you want to save from mailing
2. lists (NYCTSF, SS, Mindlist, etc.)
3. Step Trash crappy or irrelevant posts as you go; don't waste time.
4. Step At the end of the week, go through the collection.
5. Step Cut out all the BS and only leave the good parts of all the posts.
6. Step Go back and read out loud what remains. K-check (does this feel right?)
7. Step Visualize x3. Adjust to make it relevant to you.

8. Step Write on sticky notes and review before meeting / phone sarge

Memory is the basis for a lot of this, and visualization is the basis for memory. Marco used Kevin Trudeau's "Mega Memory" program his freshman year in college -- now he can remember the names of all your girlfriends probably better than you can. Practice associating names, numbers, concepts, ideas, text, etc. with images.

Win Wenger, "The Einstein Factor" -- imagestreaming and photoreading.

Turn down internal dialogue while reading. Slide finger over page and try to pick up as much meaning as you can. Increase speed as you go. Then go backwards. Then hold book upside-down and repeat. It's like weight lifting -- when you practice heavier than you can usually handle, lifting your normal weights begins to seem like a joke. You're constantly improving -- there's never a point when you're not pushing it and getting better at it.

If you're new, start anywhere, one component at a time. Practice with friends or in chat rooms. Keep a journal to track your progress; post it to the list if you'd like. Use the DaVinci model ("Strategies of Genius", Vol. 1) to identify key elements and parameters of the various systems you're learning (SS, DeAngelo, etc.) and how these components combine to give you maximum performance.

That's all I could scavenge from my notes. Marco delivered a LOT of information in a relatively short time and also did some demos with people. There was a roundtable at the end, which I missed (if someone could post the interesting parts of what went on after the main talk, that'd be great!) You'll get more from the transcript when I get that done.

Pure gold really, especially if you've been in the game for less than a year, or are still struggling. This is your entry into an exponentially accelerating learning curve that'll supercharge your progress. The only question is, how soon are you willing to begin experimenting with all of this and sharing your knowledge and results?

Part II. Summary of Chunking (by Stevil)

Okay I'm going to post in some detail about something Marco covered last week:

Chunks (no, not fat women).

Marco explains his learning seductions in 3 level of chunks: high, lateral, and low.

High chunk is a more general approach, like what frame or attitude I'm gonna take. Like, I'm gonna be cocky with this girl, I'm gonna show her my funny side, or I'm gonna show her the poet inside me. It's basically a generalization of how you present yourself without going into specifics.

Lateral chunk is like a hybrid of high and low chunk. It basically entails what method(s) of seduction you apply like Ross' SS, the D'Angelo method (from doubleyourdating.com) or advancedmacking.com...It's specific in that you're using a certain type of method or methods for your outcomes, but it doesn't detail the specific things you said or did. Of course, you can combine more than one method in your seduction.

Low chunk deals with the specifics you used during the seduction.

Like, I used the Instantaneous Connection pattern, showed her the rose demo, and read her the Secret Praying Mantis poem.

So tying everything together:

My game plan for seducing a girl could be:

- 1a) Using a cocky and funny attitude (high chunk)
- 1b) Using D'Anegelo's method (lateral chunk)
- 1c) Teasing her when she asks me about where I work by saying: "Come on, you can do better than that" (low chunk)
- 2a) Developing Deep Rapport (high chunk)
- 2b) Using Essential Skills models (lateral chunk)
- 2c) Using Golden Bubble and Anchoring (low chunk)

I hope this ties everything together for ya.

Part III. Chunking Explained (by Marco)

ok, this is good. stevil has the right thinking strategies from above and correct in application but the definition of lateral thinking isn't very clear. Of course, i couldnt tell u (unless i got my book and looked it up now) what the true NLP definition of lateral thinking is... but its important to be familiar with it bc, THIS is where u are gonna make MOST of ur thought connections, ok... which will help bring many concepts together under high chunk umbrellas.

ok, so, lets first define "chunk". what is chunking in NLP??

this is a level of abstraction.

so for example, if i said a pattern is a good avenue for influence. in this sentence, "influence" is the more general abstraction of a concept. when u BREAK DOWN that concept or level of abstraction = pattern. because its more specific under the umbrella of this concept called "influence." so now it follows this is the definition of a low chunk. in my thought processes

(dont know if this is necessarily true for the general population) im CONSTANTLY altering simultaneously between high chunk and low chunk and back again.

so... im always thinking "what concept is this specific strategy coming from? ...ok, its called 'influence', right? so if i wanted to apply a pattern for influence, i could use that pattern to influence in a SPECIFIC way. HOW does that happen?" that will bring us to low chunk thinking.

ok, so we have influence. now, we can do some lateral thinking. lateral thinking meaning, the SAME level of abstraction with a different context or way of application. so in the above example we can start lateral thinking, or as i like to call it, "3 dimensional chunking".

"if i have PATTERNS as an avnue of influence, under this concept of influence, we have SEVERAL other avenues which fall under that umbrella of influence, right?" since a pattern is meant to = "elicit any desired state"...

WHAT ELSE can we use?

well, we can use patterns, or we can use jokes, or we can use kino, or we can use body language, etc.

WHAT ELSE can we define as strategies for "influence" (this is going BACK UP TO high chunk thinking and moving laterally)??

well, we have SS or we have De'Angelo or we have the ATTITUDES of say, "k-flex" or david from cliff's list, as a broader application which fall under this term "influence".

so another example (making MORE connections laterally), we can use the specific chunk called "patterning" and apply it in different contexts such as phone, email, meeting, IM, pagers.

so u might use it DIFFERENTLY, but..same rules will apply, right?

so STOP ASKING THOSE STUPID QUESTIONS ALREADY!!

ok.

back to the point... so if (this is all hypothetical, internal thinking ok) we move back to high chunk and then laterally... and we decide in the context of flakes, WHICH strategy of influence shall we use?

say, we decide on the "De Angelo Method". Okay, so the question now becomes HOW, right?

So, how do u apply this method... that will bring u back to the more specific, low-chunk strategies, again.

because HOW deals with a process and, after all, thats what NLP is all about, right? (higher chunk connection... now, what ELSE deals with processes = lateral connections)

and as george bien said yesterday "NLP is an attitude FIRST". so... follow the connections here, ok.

this applies to the attitudes of the greatest PUA's like Ross, David from cliffs list, K-Flex, De Angelo... most of them like to tease and come from that "u need me more than i need u" frame, right? they all fall under this umbrella called "attitude" which is a core concept of NLP and influence.

ok, so u run those HOW scenarios for a few different contexts, apply it a few different ways... and voila... u made some connections.

therefore, (by the way, that word is ANOTHER concept of influence, see the connection?) u are starting to think 3 dimensionally and learned how to attack this problem space called "flakes" and more broadly = influence, by using high chunk, low chunk and lateral thinking.

if u continue this strategy... eventually, u WILL cover the entire problem space,

That was what this part of the presentation was all about. Now come up with ur own answers to the questions above.

Part IV. Partial transcript of Marco's talk

[N.B. The quality of the tape from which this was transcribed is the reason many parts are omitted (...) But taken together with the slides and the previous sections, this transcript provides a fairly complete coverage of the meeting.]

...
doesn't mean that I'm expert on all of these things, just means that I've used them. I like to use as an example the metaphor from the Matrix, cause that's my second favorite movie, when he's in that chair trying to download all this information into him for the first time, super fast. And that's really what a lot of this is -- you're loading a bunch of information into your systems at a very fast pace and that's why I run through the routines and exercises and examples, because what we're talking about here, a lot of it is just managing information, so I'll give you my strategy for doing that.

So, step one for me is you're internalizing, ok? You'll notice I'm talking about k-checks all the time, which is one...

...memory is the basis. a lot of it is visualization.

...Chunking is about levels of abstraction.

If I have a dog... The dog can be like, you know, "What's up dog?" or it can also be a specific like the dog's paw, that's very specific. ... So that's on a very low level -- you know, if I switched this word with that, how's that gonna change the way you react.

...
So, for example, I'll chose flakes. So the problem is flakes. If I can't directly solve this problem, I'm gonna go high, or I'm gonna go low, or I'm gonna go lateral. For example, you have this problem space, and the problem is right there [a point in the middle of the box]... eventually you're gonna hit the problem.

...
on a higher level, what if I'm not using NLP, I'm using like a DeAngelo approach.

There was a point when I was able to deal with flakes pretty well, but I realized that.. they are flakes. And that's up to you how much you want to deal with that. Because like I was saying before, you know, ... there's no definitive point...

visualization skills, you're making all these connections... you're managing information; visualization skills, which we talked about.

...

you should have this foundation. describing, like... Close your eyes and describe anything that comes to your head. The first thing that comes to your head.

...

I'll give you a demonstration of how to do that, real fast.

Alright. A couple of quick examples and exercises. Does anyone have a book?

Who wants to volunteer? If you are a volunteer, basically, you have to spend a few minutes reading from the book, and we'll do the exercises with you, and we'll time how fast you read...

So in this case you're taking in information visually, right? And you want to learn how to do this in the shortest time possible. Even though this is very hard for me, I'm very audio-oriented...

So it's again the Matrix metaphor. Works great. So you're gonna start training your eyes to move a little bit faster... You start off with your finger, right? So you're going to the left or right... You're basically taking in the information but not quite. You're looking at the words and you're training your eyes. You're going to keep accelerating the pace to where you're never too comfortable with it. Then what you do is, you're using the same rhythm, and you go backwards. And you're allowing your brain to pick up as much meaning as it can, until you start getting better at it. Then you go in reverse...

So you use visualization, right? Who considers themselves to be a really bad memory person?

One method is basically... you designate a few points which you constantly rehearse in your head and you visualize. Say... my feet, my knees, my thighs, my waist, shoulders, the top of my head... Or I can use like.. the radio, or this table over there, and what I'm gonna do is hang certain things to this..

the point is, obviously, you're using visualization, but you're also using movements, it's a movie... it's not a still frame.

If you try to remember something like...

And you're making an impression in your mind, you're making connections, right?

For example if I were to get a pair of keys and I want to remember that I put them on my counter, what I would do is I won't just put them on the counter,

I'm gonna visualize that I put them on the counter... and it explodes, right?

There's big movement there. So now there's this big explosion in the kitchen... and I'll remember that's because I put the keys on the counter.

Let's pick three things that you wanna remember... Let's pick the Workbook Routine. The first 3 steps of the workbook routine. You're gonna take the transcription book and outline the patterns, right? So how are you gonna turn that into a picture for yourself? You can choose something based on the words, ok? So, since you're gonna be outlining patterns in the TRANSCRIPTION book, how about you chose like... Dracula, ok? Cause he is from TRANSylvania.

So you can use Dracula and his sharp teeth, right? So, we'll take maybe your feet, ok? So what's Dracula gonna do? He'll sink his teeth right into your feet, ok? So say he's biting your foot, and what are you doing, you're screaming out loud... So how are you gonna turn that into a moving picture?

...

The more meaning you impress upon it, the easier to remember. So you can use humor, you can use anything really ridiculous...

So, Step 2 is.. outline the patterns, right?

So when Dracula is biting your foot, you scream, but he also leaves those outlines of teeth marks on your feet, right? So you look down and you see those two red marks, and you realize those are blood marks outlined on your foot, right?

Ok, so... Visualization times 3. How are you gonna remember that? Turn that into a picture.

"3 ??? massaging my shoulders. One in the middle, and two on each side."

Ok, take a moment to visualize that.

Ok, someone else. What do you wanna remember?

You want to remember the name Stephanie... How would you wanna turn that into a picture? The name Stephanie? Like, a visual representation of the word Steph? It can be like... you know, a Step, or...

"I imagine a staff, to whip her with..."

So when you see her face, you're whipping her with a staff, right? Across the face?

"No"

Where are you whipping her?

"On the ass"

So when you walk up to her, are you gonna see her ass first, or her face?

"Her face"

Ok, so we'll use the face as a trigger. So, you're gonna whip her across the face with a staff... Is that impression gonna be.. left to right or right to left for yourself? ... Is she screaming out loud, or?

"Oh yeah"

Ok, so take a second to visualize that... Do you visualize better with your eyes open or closed?

"Closed"

So feel the staff in your hand, ok? See the feathers... Really good. That makes an impression, a connection, ok?

...

[back to the guy who is still reading]

I don't think speed of reading is as important as the rate at which you're taking in information. When I see something really important, I'll stop and visualize, to internalize it and make it real for myself...

Patterns on the Fly

FIRST QUESTION: HOW I CAME UP WITH THE PATTERNS?

Well to start with most of the time I don't use memorized patterns but rather as Ross has said over and over again is to focus on broad themes and that information gathering is a pattern. Here is a basic structure for how I create patterns on the fly that offers massive flexibility. I often find that with a sense of genuine curiosity patterns on the fly are very easy to create. This information was first mentioned in one of Ross's newsletters so this is just a review in any case.

General structure of what I do.

1. Have a curious state of mind.
2. Find out something she likes to do.
3. Ask what do 'you find most _____ about it?
4. Plug her trance words into this question 'Can you describe to me what it was like when you felt _____?'
5. Anchor positive responses, do self-points.

For example if you were to find out a hobby that she really likes to do, you could simply ask 'What do you like to do in your spare/free time or what are some of your hobbies?' Say for instances she says 'I love to ride horses.'

What I would do then is to think of a state I want her to be in such as (fun, compelling, enjoyment, fascination, excitement, intrigue, etc) and plug the state of mind I want her to go into, into a question like 'when you ride a horse what do you find most _____ about it or what allows you to feel the most _____ about riding horses?'

Such as 'When you ride a horse what do you find most ENJOYABLE about it or what allows you to FEEL ENJOYMENT about riding horses?'

Then I listen very carefully to what she says. For instance she says something like

'I don't know really, I guess it just allows me to get away from all my problems and lets me FEEL FREE, like I have the FREEDOM to do what ever I want.'

Then I take her trance words (words that she leans on, in this case FEEL FREE, and FREEDOM) and plug these

words into my next question.

I would say 'that's great. I am curious (a softer)when you are able to FEEL FREE and really have that sense of FREEDOM when you ride a horse if I were to ask you could you describe to me a time when you felt TOTALLY FREE and the sense of FREEDOM riding a horse what might you tell me?'

I listen to her words and observe her non-verbal responses (ie: she leans a bit forward, pays more attention to you, tilts her head, brushes her hair around her ears, crosses her legs toward you etc...) I observe if she goes into state then anchor that state, and do some nonconspicuous self-points.

Then I would say 'Its great when you are FREE and the sense of FREEDOM...with me, now...I enjoy that too.'

NEXT QUESTION: HOW CAN I STRING PATTERNS TOGETHER?

Excellent question!

General Structure of what I do.

1. Think of her trance words as themes
2. Ask your self 'what other examples can I come up with using these themes?' or ask her 'what else can you experience that same sense of _____?'
3. Describe your personal experience or illicit hers.
4. Repeat the process (steps 1-3)

I think of her trance words as themes. In the previous example I used the trance words (FEEL FREE, and FREEDOM). After the first pattern I ask myself 'How can I relate to FEELING FREE, and FREEDOM or what other examples could I use that would involve the emotions of FEELING FREE and FREEDOM?'

Then I describe a moment to her that I have experiences these same or similiar emotions. This being another pattern. For instance I could use my experiences such as

Sky diving, vacations, fantasies, being on the peak of a mountain, flying, being at rock concerts, etc

As I describe my personal experience of when I have experienced these same emotions I naturally go into state describing them to her. Remember YOU GO FIRST.

Lets use fantasies. Ask yourself 'How are fantasies related to FEELING FREE and the sense of having FREEDOM? 'How could I spin something off that?'

I would say 'you know I think having that sense of FREEDOM and FEELING FREE is just like when a person has fantasies. (Watch for her non-verbal response, if she is showing signs of uncomfot I pace, use a softner, and a challenge to her self image such as 'You know, I hope this not too intrusive and I realize that you probably don't explore with many people but you seemed mature enough of a person to explore this theme because I think when a person is having fantasies) Its like a person can feel that sense of FREEDOM and FEEL FREE because your imagination has no boundries or limits, and the more you FEEL FREE to indulge in this place, the more real they become.....etc

Or perhaps a better method would be to ask her is 'What else do you find that is similar that allows you to FEEL FREE and that sense of FREEDOM?'

Use her words and experiences to assist you to generate more patterns.

Then what else could you say about FEELING FREE and FREEDOM? How about vacations. I would illicit by saying 'it is just like when I go on vacation how sometimes I can feel that sense of freedom, if I were to ask you can you IMAGINE YOUR IDEAL VACATION spot how would you describe it?'

Do you notice the flexibility?

NEXT QUESTION: HOW DID YOU KNOW THE APPROPRIATE SPEED (fun&laughter, intrigue, fantasy, vacation)?

I guess the simple answer is to focus your attention on her, observe her actions, and calibrate her responses.

NEXT QUESTION: WHAT IS YOUR ATTITUDE ABOUT WOMEN?

All women want to be seduced by me and all good girls on the outside are naughty sluts inside. They want it more than I do.

NEXT QUESTION: WHERE WOULD YOU RECOMMEND TO FIND MORE EXAMPLE OF PATTERNS?

Ross's products, the SS List, other SS Bros

NEXT QUESTION: WHAT IS ROSS'S 4 LEVELS OF THE MIND PATTERN?

I share it but only with Ross's permission because I believe it is on some of his advanced material stuff.

I hope I was able to answer all the questions you guys asked me if I missed something let me know.

Steve

So how does one arrive at this? I think the first thing to do is to realize that you can't expect this to happen for you. You can have your words dropped in your lap. You have to go through a process, a series of processes. And you have to get up and get away from your computer, and from your personal comfort zone to do it.

First off do this:

1. Elicit her values.

This is on the last tape of the BHSC.

A. "What's important to you in a relationship"?

B. "How do you know when you have that"?

C. "How does that make you feel"?

Ask this 3 times and write them down ... in order ... and KEEP this paper!

Now, You have to have the KEYS to your wife's heart. By getting at least 3 Values, you will have the keys.

2. Now, unlock the door!

A. repeat them back to her (just like in the course).

B. calibrate her response

If you get a doggy dinner bowl look and she is responding to you positively

C. Look into her eyes and kiss her

Hold the kiss for 10 seconds (no groping or rubbing and not tongue) just a lip kiss. AS you kiss her Project love from your heart to hers.

From the book "The 10 Second Kiss"

D. Ask her how she feels

If she says "Good" ask "...on a scale of 1 to 10 where is she?"

If you get a 7 or above you did real good.

Now smile and say "...that's great and squeeze her hand and anchor the feeling.

E. Now, just walk away.

FROM NOW ON IN YOUR RELATIONSHIP GET HER CHASING YOU.

Remember, YOU are the prize.

Let her catch you every once and a while though.

D. If she comes back to you and wants another kiss. Give it to her. anchor it and close the deal.

Say: "OK...Don't THINK ABOUT HAVING SEX WITH ME right now

"Have you ever thought about the difference between X and Y?"

Entrain attention

Get their attention. Get them to stop what they are currently doing. Break their current state. You can even throw in a confusion induction, or break an auto-response (this is one of my favorites). Remember that without their full attention, they're just wasting your time.

Induce State

Through elicitation. They could remember when they felt a certain way... you could elicit not only their "operation" strategy ("What do you do to allow yourself to feel X, or when you want to feel X, what do you do?") but also their "test" strategy ("How do you know that you feel X?") Note process and anchor.

Another method of eliciting has to do with eliciting strategy/process, where you can elicit a "resource" that they have and that they use currently. Like

("When you wan't to feel relaxed, what do you do, If I was you, how would I

become relaxed?) Notice their process and anchor it.

Yet another method of eliciting has to do with acting "as if". This allows them to fully use their imagination, and may even bring out parts of them that they were currently unaware of. Example: "If you were a horny teenager right now, and you wanted to seduce me, what would you do?" Of course you want to note the process and anchor. And also ENJOY being seduced.

Amplify and intensify state

Many ways to do this. Ross will teach some of these in his Advanced

Seduction Workshop in Chicago coming up... what he teaches here would be worth the cost of the whole seminar...

Link to action

And link to YOURSELF

OK, I'm not going to give exact conversation here, as it will work better if you learn to make it conversational FOR YOU and go with the responses she gives, but what can you ask yourself, what can you notice, what is it you can use about what she is interested in? (If your answer is "nothing," then find a chick who has more similar interests.) What is it that people in the medical field study that is so fascinating? Maybe how all the systems, organs, tissues, even down to the very level of the cells interact and connect with one another (blah, blah, blah), to the point that it just seems natural for them to do this. It's like they just go about their business and do what they were born to do. It's just like the ideal connection between two people... It can almost at times cause you to stop and consider if maybe this is just the way the universe works... (If her interest is just to help people, use that as a doorway into connections. Get the idea?)

COMPONENTS FOR IMMEDIATE FOURTH LEVEL ACCESS AND EVALUATION OF WOMEN

- 1)GROUNDWORK (Your self and your territory)
- 2)GAIN NON-VERBAL RAPPORT
- 3)VERBALLY PACE THE SITUATION (A finally complete explanation)

4) VERBALLY BREAK THEIR STATE MATTER-OF-FACTLY

5) START FRACTIONATION WITH A BANG

6) GIVE THE DEMONSTRATION

7) CLOSE IN THE MANNER DESIRED

1. THE GROUND WORK

A) START WITH SELF

You Must Go Out In The Proper Form Of You!

Use The Tools of Film Strips, Magickal Self Design, Command Self Design, Hypnotic Change, and Magical Influence (Or Whatever Form of Psychological Predispositioning)

TO SPECIFY TO ALL SELVES:

1) INTENT

2) BELIEFS (Frame)

3) ACTIONS (Procedure/Behaviors)

4) OUTCOME

B) GUIDE YOUR ENVIRONMENT

(This step can be omitted whenever you approach spontaneously...)

Plan to share energy in locations and at times that will be conducive to your outcome

1) Position yourself where non-verbal, verbal, contact is easy and natural (ie. the catbird seat)

2) Place yourself at locations where cultural norms work in your favor (ie. the coffeshop for intellectual discussion, not the neighbor's funeral for dirty jokes)

3) Pick locations and times where your targetted types HBs are likely to be found (ie. to the right places at the right times when you suspect they may be there.....this is where a lair is so important because you can all share good sargy places.....of course the ultimate way to master this is simply bold experimentation)

(EVEN IF YOU DON'T PLAN YOUR DAY FOR SARGING, MANIFEST THE HABBIT OF RECOGNIZING THE OPPORTUNITIES THAT NATURALLY COME TO YOU AND POSITIONING YOURSELF WITHIN THEM FOR MAXIMAL ENJOYMENT.....ie. if you do find yourself solo at a crowded business hour luncheon....do sit near the take out window, more than that BE THE ADVENTURER....Mike Twomey (God I hope I didn't misspell his name) is AWESOME at this.)

2. GETTING NON-VERBAL RAPPORT

As soon as you have stepped into your environment, with the right type of self for you built in and the logistics in your favor, OBSERVE

STEP OUTSIDE YOURSELF

TURN DOWN YOUR DIGITAL DIALOUGE, PICTURES AND FEELINGS

TRUST YOUR HIGHER SELF/UNIVERSE/LIMITED PERCEPTION TO GUIDE YOUR ATTENTION TOWARDS THOSE WHO WILL FIT YOUR CRITERIA

Than, little by little, prioritize

NEVER ELIMINATE.....per the wheel and spoke theory Riker said once upon a time....if you just ELIMINATE a person in the vicinity you are likely to build yourself an obstacle instead of an aid

When I say PRIORITIZE, I mean know your END OUTCOME(S)

Based on observation, figure out those you think would be most enjoyable to seduce....

Step into each one....try them out....

Get a sense

And when you find a particular one, gain rapport with both her at one level and her group and start to shift your thoughts.....

Physiological Matching can be good to an extent.....because by producing the outcome you also help to reinforce the cause.....

3. VERBALLY PACE THEIR REALITY

Now it is time to PACE

If they are in a group, I suggest you first PACE the "leaders" (dominant males, females) of the group by pacing THEIR reality; if she is solo I suggest you begin by pacing hers; if their is a common group phemomon you can pace it....

HOW TO PACE?

The way I see it breaks down to something like this....

There are several basic levels to pace at....

- Relationship Pace "Excuse me...you don't know me but...."
- Environmental Pace "This line should have its own zip code."
- Identity Pace "The Boss rejected your idea again? You must feel devastated."
- Beliefs/Thoughts Pace "Waiting out here is SO BORING!!!" (Although a complaint might make a negative first impression.....potentially bad or good...that's another post)
- States Pace "You must feel ECSTATIC!!!"

And several other Neurological Levels And Sublevels

(Notice if you are disarming a dominant male, you might not want to pace per say.....just based on my experience at my young age, it is often better to just use the next step with them)

(Also with other individuals in the group besides your prioritized HB, you should tend towards environmental paces and humor)

4. VERBALLY BREAK THEIR STATE MATTER-OF-FACTLY

Their are Four Basic Ways of doing this....

- 1) Challenges
- 2) Complements
- 3) Questions
- 4) Humor

When you mix them in different amount you achieve your own unique "walk-up style"

Each has its own formulas and caveats, which you have doubtless heard many times before on this and similar lists....if you have specific trouble doing one of the four....post it and I will see if I can break it down and help you.

IN ALL OF THESE, YOU MUST SAY THEM WITH IDENTITY + MATTER OF FACT]

For identity insert the quality that best conducts the behavior

For questions, curiosity!; for humor, playfulness, etc.

The Matter of fact part is what you say in your tone

You package the Identity quality in your intent when you say them.....

5. WITHDRAW AND BEGIN FRACTIONATION

DO NOT OVERDO THE PREVIOUS STAGE!!!

As soon as you get a good response,
challenge,
after you challenge, WITHDRAW...

NOT COMPLETELY

But enough to provoke interest and set the frame.....

Do it as Ross says by taking two steps back, non-verbally

But I also do it verbally, maybe through silence, maybe through revealing a slight annoyance I have with these types of people/women "(humourously) So what qualities DISTINGUISH YOU from UNADVENTUROUS/BORING PEOPLE?" (note this line is definitely not a panacea, with my particular themes and slightly off sense of humor though, I have found it often provokes laughter as well as transverbal searches of their own)

Begin the process of "leaning in and out" not just non-verbally, but in the rest of your encounter.....give her a piece, MAKE HER WORK FOR MORE....she gets a slight reward, WHAT ELSE CAN SHE DO, etc.

Discuss your themes with cycles between fourth level patterning and fluff talk

6. THE DEMONSTRATION

The demo, in my view, is a lot more than just a neat-completo little thing to make you entertaining and intrigue her a little.

IT IS A CRUCIAL PART OF SETTING UP YOUR FRAME

When you show her a technology of the mind you can

- A) Begin discussing the *somewhat* offbeat
- B) Become an authority on her
- C) Become a general authority figure on the paths of the mind
- D) Test her with this to SEE if SHE IS THE TYPE OF WOMAN YOU WANT
- E) Providing a glimpse into the many opportunities you have been implying you offer people thus far

The ways of doing this of course include:

- Rose Demo
- General Symbolic Demos
- Hypno/Trance Demo
- Palm Reading
- Handwriting Analysis
- The Cube
- Kokology Games
- ETC.....

7. THE CLOSE

A) WITHDRAWAL/ CHALLENGE TO BOTH OF YOUR FUTURE RELATIONSHIP

The most logical way to do this, following the structure I have laid out, is by cutting off your demo before the *****REALLY GOOOOD PART***** (sly smile)

I usually then back this up with a situational challenge, notice NOT AS A CHALLENGE ON HER, but as a challenge of the environment allowing the two of you to connect....

You can frame the challenge depending on where you would like to lead her....

If you want to number close....

- You have something else you need to do
- You don't have a lot of time
- etc.

If you want to lead into a full close....

- Go to a place where we can "really focus"
- Welll....It's kind of hard to do in a mall/resteraunt/sidewalk
- Etc. Be creative....Ross has tons of advice on this.....

B) After giving the challenge, opportunity.....ELICIT THE PROCESS

"What steps should we take to make sure that happens?"

"Where do you suggest?"

"How can.....we....accomplish.....that Debbie?"

ETC.....

Chet

Maybe the best part of the seminar for me was when Ross elicited beliefs from a student named Chet in order to model him. The Chetinator just might be speed seductions new top student, usurping that title from Rick H. He doesn't post any of his sarge stories here because no one on this list would believe them anyway. The guy is incredible with his ability to seduce women of all ages with lightning fast speed, and he is 48 yrs old!!

There was a single epiphany that I had during this modelling session when Ross had Chet fill in the blanks.

Ross: "All women are basically _____." (fill in the blank)

Chet: ".....Horny."

He said it like it was the most obvious thing in the world. I had been thinking that I had to make them horny! Now I know that all I really have to do is bring it out a little. Testing this belief proved it %100 correct in Buckhead later on that night.....

OK I'll post some more later on this but I got to get back to work. I have fallen in love with Buckhead in Atlanta and I will be going back soon- gots to have some money.

In Buckhead there are 1000s of single beauties wearing very little and they are all mine to pick from.

What's even better is that I won't be needing to worry about getting phone numbers and stupid shit like that anymore because women are horny and all you have to do is make them comfortable and intrigued so that they can feel safe talking to you about how horny they are. Then all I have to do is smurf or reframe objections and CHET THEM!

After you've Chetted a girl, she will most likely either fuck you that night or be calling you soon afterwards. No work needed. No trying needed. All an SSer has to do is be himself around women.

Beliefs fuel challenges and take-aways, this is something that has improved my game tremendously. I was massaging beautiful women in bars just minutes after meeting them in Buckhead and when I would leave to go have more fun they would plead with me to stay. But I just wanted to see how many I could make feel good and if any reaction that they might give me at first could stop the inevitable event of me making them feel horny and comfortable. I found that it couldn't.

Creating Patterns

Patterns:

There are 3 classes of patterns, in order from less effective to most effective.

1. Canned Patterns.

These are basically memorized patterns either directly out of the work book, or written by oneself. They are memorized before hand, which gives the pros of being very well crafted, but have the cons of being non-flexiable in some situations.

How to learn:

Memorize them before hand, and "act" them out alone in the correctly tonality, tempo, etc. Learn them in a way that an actor would learn a script.

Example:

Incredible connection pattern from workbook

2. On-the-fly General patterns

These patterns are created on the fly, intra-conversation with someone.

The pros are that they are flexible, but not as accurate or as well crafted.

The process of creating them on the fly is:

- a. Pick a state you want to install
- b. Pick a topic, the topic is either something in the environment or something directly related to the conversation at hand.
- c. Find something interesting about that topic
- d. Describe the process, or what is interesting about the topic
- e. when describing the process, structure the overall state and embed commands and suggestions from one or more of the four door ways

Four doors

- e1: emotional connection
 - e2: body sensations
 - e3: visualization
 - e4: core values (this doorway may be difficult for this type of pattern)
- f. Layer 3 deep if possible

How to learn:

When alone, grab a topic or something out of the environment, and just start going into talking aloud about what is interesting with it and how it is like the state you want to install, and either hit a specific doorway, or try hitting multi-door ways.

Example:

You know what is interesting about typing an email to the SS list, is that you can REALLY CONNECTION to hundreds of people that have a VAST KNOWLEDGE

database, you know a place where you CAN REALLY LEARN. There are thousands of brothers who have HAD THIS EXPERIENCE and can help you QUICKLY LEARN and PICK THIS STUFF UP... now with me, really learning, is about FULLY UNDERSTANDING the material... etc, etc

err doh, I screwed that up, I should of used "about reading an email from the SS list"... but you get the point, right?

3. Elicited Patterns

These are patterns built from her elicited internal processes for something.

They are created on the fly, and structured in a way that it "mimics" their internal process for a state, action, etc, but the content is different.

The pros of this, is that it is highly effective, but the cons is that it takes a lot of skill to take their internal process and then build a pattern on that.

The process for this would be:

- a. find state that you want her in
- b. elicit that state from her.
- c. feed it back to her and make sure you fully understand it
- d. go into pattern built on the fly from what she just gave you Either right then or. Save it for later and on an unrelated topic, pattern in her process for this.

How to learn:

Elicit process, create pattern on the fly. This has to be learned in real-time with a person?

Example:

You: How do you know when you are comfortable around someone? How do you know that?

Her: blah blah blah, I see them, blah blah, I feel safe... blah blah, I can really talk to them...

You: So it is like when you see someone, you just can feel safe around them and talk to them about anything?

Her: yea later on

You: You know what I like about traveling? First when I am in a new place, I am out of my environment, so I feel a little uncomfortable, but then after

A while, when I stop and look around, I just get this feeling that it is safe, you know? Then I can just relax and open up to the environment. It is like when you are standing there and just see this wonderful site, right in front of you, and then it just feels right, it feels like you are meant to be here, like you have been here all along, then you can just relax and let yourself go and just be yourself, you know? That is what I like about, traveling....

Kick Start

I just went to a dance club tonight to take a break from my finals and there, after some adrenalin rush I think I've solved most of my problems concerning some newbie and AFC stuff; fear of taking action etc.etc.. I managed to find a way to kickstart my schedule of learning.

1)For a newbie (especially for ones who have NEVER walked up to a girl, like me), the first training has to start after two days of intense treatment (going through the entire course again and any other sources you possess, therefore starting with fresh knowledge) and after some adrenalin rush (like AFTER a bar or club with deafening music or bungee jumping (?) etc..). You can easily do things that you normally wouldnt do in everyday routine..

2)Find the right girl to practice. They are usually the girls that are in the same state like you; excited and responsive for any advances from anyone. Here I assume that you haven't practiced rapport before (like me) so that you can enjoy a naturally constructed rapport. By the way the girl doesnt have to be gorgeous; just a nice girl, that possess the above criterion.

3)Do not stop sarging once you have started. If you next girls, just make sure that you are in a place that can provide you with more. Continue to walkup for hours until it becomes quite natural for you... (I will start with an hour).. After that one hour, go home and rest, but make sure that you can go out and sarge for the following day.. The cycle must go for five days non-stop.. Increase the sarging hours by 15 minutes (or one girl more) each day. (by the way, time is not the only measure, if you want set the measure in terms of the girls you walkup to).

4)After each day, listen some of the parts you think you have missed or forgotten.. Until the end of week, I thing we can all be ready to practice the next level (patterning, and other "in-sarge" dynamics). Finally we can close the third week by practicing closes (which implies practicing all other levels together)

I am sending this becuase, well, this IS funny. About 6 months ago (maybe more...) I met Bishop, and we discussed various things. At that times I told him about my "Final Frontier" concept. He integrated this very well, modified it a bit, and then it came across (at a smaller chuck level) in several of his posts.

Other Bros took what he did and called it "Bishops 3 Rules Pattern".

Several people as of late have asked for a repost of that but instead, I am sending this. Once you have this full understanding, you will be able to modify the particulars as you wish to fit yourself and your situation.

Its a rough-write, but the info is there.

Wow, this was written almost 2 years ago to the day. been a while.

I wrote this a long while ago, but never made it public. Therefore, the text may be rough.

It should help some of the newer guys. It's long, but this has given me a fantastic success rate once I get a woman alone. Fresh walkups are my challenge now, but I have always been very successful at closing once a woman is alone with me, and she is the type that I want to be with. (This is not bragging, I am just as honest about areas which are difficult or successful for me.)

Instead of going through and editing and taking a while to do that, I am just posting it verbatim.

4Levels of the women's mind induction

A recent post (Dimes and Four Levels) described Ross' four levels of the mind very briefly.

It was so succinct that I decided to use it purely as an induction in my hypnotherapy practice this week. Holy Macaroni Batman! The rapidity to which people pass through the usual hesitations that sometimes slow down deep hypnosis is remarkable.

Ross you have come up with a very cool tool here.

I fashioned it as follows in this outline:

- 1) Have them open/close their eyes while you do a little fractionation.
- 2) You have four levels to your mind. You can imagine them as doors to pass through, or as if you are taking an elevator from one level to the next. Some people imagine they are passing through a fog or cloud and things become clearer as you pass through and on to the next level.
- 3) The first level is the every day level. All the things that you have to think about or remember or do. Imagine a sheet of paper. Imagine a pen. Write down all the things that are on this level. Your mind will remember everything on this mental sheet of paper.
- 4) Move on to the second level, the level of social programming. Here there are things that you do for others, family, loved ones or for society. Some of them are no longer necessary. Separate them into the useful ones on one side and the unimportant ones on the other. Make the unimportant ones get smaller, dimmer, fainter, and move off into the distance with a Whoooooosh.
- 5) Move on to the third level, the level of your own beliefs. Some of these beliefs were important for you a long time ago. "Don't talk to strangers was very important for the little boy/girl. Now it is a useless belief. Separate all the beliefs that help you and empower you and put them on one side. Put all the thoughts, ideas, and beliefs about yourself that limit you on the other side. Make those limiting beliefs get smaller, dimmer, fainter, and move off into the distance with a Whoooooosh.
- 6) Now, enter into the fourth level of your deepest imaginations, your dreams and fantasies. The place where you are free to be your deepest self. A place where you are your thoughts. You are here and hear, Anything is possible. As you experience thoughts and ideas here, everything else just fades away. Deeply relaxed, ready for what it is that you came here to hear, today, here to do I did not find that much deepening was necessary here. I sometimes added a very abbreviated Elman induction, -- Think of numbers, make them disappear, relax your muscles so they just won't move.

Hey Guys,

I have been posting many of my discoveries to NYCTSF in the last few months as opposed to posting them here, and I figured I ought to give you guys the opportunity to criticize/reform/praise/comment on some of the stuff I have been trying out....

Also I would really like Ross's takes on to what degree I am getting this right/wrong etc, what I should improve, etc. etc.

SO ONWARDS....HERE IS MY ORIGINAL POST THERE

Hey Guys!!

I have taken Ross's walk up new post as well many of the other formulas/ideas/experiences I have heard brothers mention as well as experiences I have had myself and compiled them into AN ULTIMATE META-PROCESS FOR MEETING WOMEN.....

It is obviously not perfect, however, I think it is a fairly easy break down of the ideas that will help SS bros to rehearse and manifest Ross "keys" in our sarges even further....

I WANT IMPROVEMENTS!!!!!!

PLEASE REDESIGN MY PROCESS FOR ME!!!!

An idea NEVER progresses until it FACES THE HARSH TESTS OF CRITICISM....

In that spirit, I will also be posting this to the guru himself on the SS list....let's see if he helps.....

SS Summary

As Riker so brilliantly pointed out, always assume there is a PART of her that WANTS to do what you want her to do, but may not want to do what you TELL her to do. That part may not know how to activate itself or come out to play.

For many women, unless they feel those attraction butterflies, they not only won't fuck you, they will hold in check the most enjoyable parts of their personalities that would draw a guy further to them; their fun, adventurous, affectionate, playful sides.

Make sure you ALWAYS create those attraction butterflies along with feelings of comfort and safety.

Do whatever you can to set the right frame and keep the right attitude; these are like the conductive medium that allow the current (the patterns) to flow.

Current won't flow through a sheet of wood but it will flow like a motherfucker through a sheet of gold or copper foil.

The right frame makes a woman hyper-responsive(highly conductive) to whatever patterning(current) you utilize.

No frame will work all the time, but if you can't get her with the challenge/opportunity frame you CERTAINLY won't get her with the supplication frame, and the challenge frame feels SO much better for you!

Women work on signal recognition; if they don't find that internal signal they will put you in the wrong slot/category(FRIEND).

Never, NEVER agree to be a woman's "friend".

Always keep it about what YOU want and be blunt about it if you have to.

"Let's be friends"

You: Hey.wait a minute. I don't mind hanging out in a no pressure, no expectations, feels comfortable for us both kind of thing.... but I'm not going to promise to cut off my balls or freeze out my heart just because its what someone else thinks they need to feel comfortable or safe in advance. I have no idea where my feelings will go and unless you're telling me you're totally psychic, really, neither do you; I can only promise not to do anything that doesn't feel totally comfortable for me and I won't ask you ever to do anything but the same.

Do your best to set the challenge frame and create interest, intrigue and the attraction butterflies.

Walkups:

Be direct, create a challenge if you can:

Hi..you DON'T know me...but I think you are so pretty I had to come up and meet you..and see if there was a cool person for me to talk to. I'm.....

Throw in pauses..

They.....attract....her attention.....and.....draw....her...in. Learn to vary your pacing of your speech.

Mirror/pace her responses

If she looks at you askance and seems to think, "Who is THIS guy?", mirror her facial expression and SAY what she is thinking out loud! Creates rapport.

Come from the mindset that no matter WHAT she offers you, she will not shake or rattle your state.

A real man isn't someone who wins all the time or always gets what he wants.

He's someone that stays balanced and in control of himself and doesn't let himself get rattles. His energy doesn't come from a gushing heart or a spurting dick; it comes from the center in the tummy. Later, if she proves herself, there will be a time to let those energies out.

Pace the Ongoing situation

Look, I know we don't have a lot of time here and we don't really know each other. I don't know you and you don't yet know the person I am...but if you're not with someone(hold up your hand to stop her if she tries to interrupt) who is with you in the way you TRULY want them to be..maybe we owe it to each other to talk...hang out...see if we can (make a fluttering gesture with your fingertips near her midsection) FEEL THOSE BUTTERFLIES.

Then shut up, see her response.

Make her work for it a bit

It isn't true people want what they can't have. In fact, if they KNOW they can never have it, sooner or later they give up and stop wanting it.

Truth: if people perceive they want something SOMEWHAT, they will want it MUCH more if they have to work/chase to get it.

Women like to chase..it makes them MORE interested. So present your scarcity along with your opportunity; it's like the nice paint job on a great car.
Makes it look even better.

SIGNAL RECOGNITION

Many, even most women, work on SIGNAL RECOGNITION. They will not let out parts of their personality/behaviors unless/until their bodies give them the signals.

So work to create those signals.

ASKING QUESTIONS IS A GREAT WAY TO DO PATTERNS

Patterns aren't just memorized speeches/language constructs. Asking questions that activate the deeper structures in her mind for fantasy, indulgence, wild behavior and noticing and ANCHORING the responses ARE PATTERNS.

Here are some questions I told this bro to ask girls on a coffee Sarge:

"Have you ever seen that show, Blind Date? I was watching it last week and they had on a couple that really clicked when they had that first kiss..they both thought it was amazing..so..what do YOU think makes for a truly MEMORABLE kisser?"

"What kinds of things do you find yourself doing or really wanting to do when you just want to let go..escape...indulge yourself?"

"What is the first signal you get for yourself..the first thing that happens for you that lets you know you're really attracted to a guy?" (You make up a good conversational set up..use your brain!)

"What parts of your personality and who you are do you let peek out..do you let come out and play when you know you're attracted to a guy..so you want to keep him moving toward you..you want to encourage him to stay around?"

Make sure you hold your frame and what you want strong and SELECT, SELECT, SELECT for the right kind of girl. Select someone open to adventure, good feelings, new things who might just need a little guidance to feel that with you.

SHIT-can the wackos and space-cadets. They have very low self-esteem and usually become cadets as a response to and/or to escape from TRAUMA. They have no real room to give to YOUR needs because they already have a monogamous, committed, one on one love relationship: with their pain and their limited view of the world. You will have to squeeze yourself into that...like putting your dick and balls in a vice in order to get them to the size to fuck a mouse...nice and tight, but is the pain worth it?

A really uptight or frozen out or whacked out girl...FORGET IT.

Since this is about creating YOUR experience, what kind of experience do you want to have other than pumping into a pretty piece of meat?

When considering how to sarge a girl learn to step outside your agenda and create a clean state to observe/get info/gather intuition on where she is at, who she is, what will work. Your success will skyrocket and you will also more quickly screen out the whackos. In retrospect, I should have noted the Psycho Chick of 2001 with the alien ear implants was a whack, because when I cubed her, she didn't see a cube..she saw THREE TRIANGLES! (multiple personality)

When you deal with younger girls (under 25), prior to banging them, do NOT do too much on the phone, especially if you are more than 5 years older. Be charming, funny, intriguing but set up something face to face.

With younger girls (under 25), if you are substantially older, you can do EVERYTHING right and MANY of them are STILL going to flake.

Get out of your own way and your own fixed ideas of what it takes to seduce her. Many times, I'd create elaborate languagings that were totally unnecessary and actually got in the way of what was actually working or what could of worked or of me watching how she was ACTUALLY responding. Your fantasy of what turns YOU on to seduce will often just get in the way.

If you hang out with a girl long enough and ask the right questions she will give you ALL the info you need to seduce her...all the anchoring opportunities.....

Getting her to move from wherever you are meeting to YOUR or HER place.

Fire off pleasure anchors..as you do say, "I don't know if you can imagine...(begin zipping up anchor)..just how far you can explore good feelings..somewhere else where we could really focus in..but if you could...why don't we go somewhere without all these distractions and interruptions?"

Physical closing:

You are ALWAYS closing, right from the first approach..view it as all part of a closing process, flowing naturally to the first big physical move.

Here's a scenario: get her to feel great feelings of responsiveness all over her body(meta-state, warmth builder, massage, synesthesia).

Transfer the responsiveness to ONE small part..the palm of her hand...have her notice how the hand is becoming as responsive and product and open to pleasure and good feelings as the most special and sensitive places in her body..

Move the sensitivity to her face...have her feel it flushing through her cheeks, muscles of face...

Then move it to her lips.....just say, "Of course..if were to transfer that sensitivity..that receptivity...that feeling...here.....then the

slighest...softest...brush of the lips...could
be...absolutely...electrifying..."

Lean in and kiss.

Be ready for autopilot responses:

Let's be friends

This is going too fast

I'm not attracted to you

You're not my type

I can't make it tonight(or whenever it was set for)

If you've received extra value from this post, consider making a \$10
donation to Best Friends Animal Shelter in Kanab, Utah. They take good care
of our fuzzy, furry friends.

More on my process...

First, understand my metaphor. My understanding is that women are going to have responses from 4
different levels of the mind.

The first is the scheduling/get it done level. Where she keeps her list of
errands, things to get out of the way, etc.

The second is the social approval level. What will her friends think? What do movies and TV tell her she
should be like, how she should act, etc.?

Third is the ILLUSION of self. The imitation of control and choice. This is where she keeps much of the
auto-pilot pre-programmed responses. "I'm not that kind of girl" "I don't do that". "I don't blow guys on
the first date". "He's not my type".

I'm aiming at doing things to activate the 4th level..the level of
unexplored desires/unmet needs/unfulfilled fantasies...a place also of raw, naked, suggestibility and deep
responsiveness where what I suggest becomes what is desirable for her to act on and do.

So, in my Sarges, I'm using everything...questions, frames,
presuppositions, stories, anchoring, "canned patterns", a bit of sensual touching...everything to turn off the
first three levels and get the fourth level smoking.

What I do is fractionate/alternate back and forth between offering little "tibits" and then sitting back and
watching for a strong, positive response.

An SPR(strong positive response) could be her responding with trance words, or her giving me a doggie
dinner bowl look, offering me important
information about what turns her on, asking ME questions about what I do.

I then incorporate the responses in the next phase of the seduction.

Sometimes this all takes place in ONE meeting, sometimes over the initial short meeting, a phone sarge,
and the meeting after the Sarge. That will usually do it, but not always.

Lately, here is a sequence I've been following:

1. get initial attention
2. Get them to sit down to talk. If what THEY do is interesting, I'll ask what they find most fulfilling about it, build some rapport, gather the 411
3. Intrigue them with what I do, "I teach a learning and self-improvement model involving ecstatic trance states and trances of ecstasy and exhilaration...I also teach shy, lonely guys how to be MUCH more attractive to women..."
4. Offer a demonstration of trance...here I am testing for suggestibility, receptivity, etc. etc. etc
5. Change the subject once they have seen they've done well....if I have time, I present them with an opportunity to be "Cubed".
6. Anchor the Cube answers about the Horse/Ideal lover to me
7. Offer a MORE powerful demo. Maybe the Warmth Builder or a hypnotic story.
8. Test kiss/close....

Reports

Major Mark

For the older guys on the list, I recommend the approach I outlined on one of Ross's courses (LA '99?). I was in this small club while on a consulting gig out of town, and I met this hot little number on the day shift. I played with her for about an hour and then

HB: Are you staying here in town?

Me: yeah, and in fact I've got to get out of here, do a little hot tub, catch some sleep.

HB: Hot tub?

Me: Yeah, well actually it's a big hot tub in my room. I'm in that Holiday Inn out by the airport. But I've got to tell you, it's unfortunate that I met you in here today.

HB: Yeah, this club has a policy that we can't date customers.

Me: Forget dating me, that's not going to happen. And it's because....you've noticed the age difference. You see, it's obvious....you're what? 22? 23?

HB: 21.

Me: Even worse! You see, you look at yourself as being at the pinnacle of your life, the culmination of 21 years of life. And I'm XX. Which means that I've had your 21 years of experience, plus XX more. And each of my XX additional years has been as an adult.

HB: (taken aback) So, what's your point?

Me: I'll keep it simple. Look at me. What you see is framed through your 21 years of experience, most of which was spent as a girl. So it's not possible for you to understand clearly what I have to offer as a man. But I've HAD those experiences, plus XX years of being a man, enjoying women. I know what a woman can do to entice, to please, and to satisfy her man. And I know how to please a woman. Make no mistake, there are plenty of guys here today who would do most anything to sample what you have to offer. And they'd enjoy it. They all are here because they like girls. But I'm accustomed to the warmth and responsiveness of a woman. And the sad thing is that, as I look at you, I can clearly see the woman you have potential of becoming, for me that's incredible! And you're not there yet! So it's not gonna happen.

HB: (stunned) That's so rude!

Me: maybe so. But it's not impossible. You have an imagination, and I'm sure you can imagine a time when you're ready to genuinely please and satisfy a man. But first, you've got to show me something different than what I see here.

HB: You're pretty sure of yourself...

Me: (interrupting) It comes with this territory. Thanks again for your time, I gotta go now, that hot tub is calling!

Insert gestures/anchors as obvious.

Half hour after shift change, I'm sitting in my room typing boring reports when Boom ! Boom! Boom! at the door, young HB with wine and a fierce determination to prove me wrong. And hours later, as she swept out again in triumph, I had to admit she had a point herself!

Neighbor

I was walking out on Saturday night about 7 to my neighborhood mail box and a hb8 blonde was also getting her mail. Before I had left to go get the mail,

When I saw her I had the biggest smile and laugh almost at once and she was smiling and looking at me, and before I thought one-second I had my hand out and introduced myself, and asked her name..I think it was something goofy like "hi neighbor, how are you this fine night? my name is...it is great to meet you " or something like that.. I walked her back to her home, found out about her work, asked her what she found most challenging, fulfilling, did the IC (her jaw dropped) and I must admit I was going along with the connection thing.." Glow, with the warmth of that connection.. " I was thinking this was too easy..but it was fun .. I then said well I had a movie I was watching tonight at my place she would be welcome to join me . She started to say no , she couldn't she really needed to ..and I said, " you looked like the kind of woman who would know when an opportunity to get to know someone as fun and warm and interesting as me would come along and seize the moment and go with it and know you were going to have a really great time, you are that kind of woman? Any way I am starting the movie at 9:30..it was really great meeting you, my address is." and I left. She showed up! right at 9:30. I did the Blammo.. she was so excited to feel purrrrfect...lol.... well the movie was still playing and we were already in bed, ...where I reassured her that " you really shouldn't want me to suck on your incredible breasts and you don't have to want me to go down on you ... and so on.. anyway..thanks Ross I never would have gotten past the hello at the mailbox and would still be wondering what to do or say to meet her before SS. I think this could be the beginning of a beautiful friendship..

EXERCISES

Ex

My name is Manni Marsian what is your favourite flavored bowling ball

Pick two weasel phrases to use for a week. Use them EVERYWHERE applicable. Make them a part of your 'normal' vocabulary. If you were to do this and keep them, you will notice changes in responses of others from that alone.

Next, put the STRUCTURE of patterning into your vocabulary. It will be as if you took a key and opened peoples heads because you will be painting a picture on the canvas of their minds when you talk.

Roaring Lion

Imagine someone saying or doing something that makes you feel that flow of negative energy.

Now..stand up..bend your knees and squat a little..bend over a little bit..then as you straighten up tall, push your arms outward, like you are pushing open a stuck elevator door..roar like a lion as you do this..extend your arms straight out to the side shoulder level, and make sure the fingers of each hand are pointed straight upward...

This dissipates and negates the flow of negative energy..interrupting the negative signal..

Now..as you are standing straight and tall, take a deep breath, and imagine a line of energy flowing down from the top of your head, thru your spine, down between your legs and feet, rooting itself into the ground.

Now..next step....

Think of a time you were in a playful mood...it could be with anyone or anywhere in any context...

Got the feeling?

Now..if you could see the color of the feeling..what would it be?

Now...once again, as you imagine that line of energy moving down through your head, spine, between your legs and feet. I also want you to imagine a SPIRAL of that color of fun energy.....whirling around that line of energy moving down through your head...

The idea is to have an energy of STRONG intent(the line going down through your head) around which you wrap the energy of playfulness and fun.

Practice this every day and soon it will be a habit for you.